CENTRAL OREGON
Two Informative Nutrition Talks: The Role of Glycemic Carbohydrates, Understanding Diabetes 2, and Weight Loss
Monday, October 2, 2:00–4:00 p.m.
Suzanne Landry, wellness educator in Bend, explains the difference between complex and refined carbohydrates and “good and bad” carbohydrates. She discusses the important role carbohydrates play in our health and wellbeing and why the glycemic scale is the most important scale you should know.

Suzanne Landry, celebrity chef and wellness educator, is the author of the award-winning The Passionate Vegetable and Fresh Food Matters. As an industry consultant, lively lecturer, and popular culinary instructor for over 25 years, she has inspired many people on their road to health and vitality. Working for the renowned Issels Medical Center, she developed the nutrition education program for their cancer patients. For the Integrative Medicine Center of Santa Barbara, she was a respected and popular health coach and educator for their patients. You can find her books at many retailers in Bend. She currently offers public cooking

continued on page 2

EUGENE/SPRINGFIELD
Condition of Infrastructure in America Lecture Series, Parts 1 and 2
Tuesdays, October 3 and 17, 2:00–4:00 p.m.
In their 2017 report card, the American Society of Civil Engineers (ASCE) gave the United States an overall infrastructure grade of D+. This represents $4.6 trillion in deferred maintenance and infrastructure upgrade costs needed.

In the first of this five-part series, speaker Gary Rayor will discuss the condition of dams in America, which the ASCE has graded “D.” Dams provide vital infrastructure for our communities and economy: energy production, flood control, and irrigation and drinking water production. However, America’s dams are aging and in need of $45 billion in repair. As a case study, Rayor will review the condition of Oroville Dam, the highest dam in America.

In the second session, Rayor will cover the condition of the nation’s bridges, which the ASCE has rated “C+.” Bridges are the life blood of almost all economic activity: however, America’s bridges are aging,

continued on page 7
HELP WANTED: OLLI-UO
Central Oregon members to join our leadership team for the 2018-2020 term.

Want to be involved with a collegial team of volunteer leaders? Bring your experience, ideas and enthusiasm to the Governing Council and be part of the process that helps OLLI-UO Central Oregon move forward.

Over the next several weeks, the Council is serving as a nominating committee to recruit 3-4 candidates interested in helping to lead our program site over the next two years. Richard Jenkins, Jim Hammond, and Jeff Nelson will leave office at the end of the year. Linda Redeker and Joyce Pickersgill have expressed interest in serving a second term. Steve Hussey and Pat Ackley have a year remaining on their second terms. Suzanne Butterfield has one year left on her first term.

The Council meets monthly for two hours, participates in strategic planning efforts, and collaborates to help OLLI-UO move forward. Previous board or council experience is not necessary, just a willingness to provide thoughtful decision-making on behalf of our members.

Curious? Please join us for an informal Candidates’ Forum on Wednesday, October 11, at Noon. We’ll explain duties and answer your questions. Can’t make the meeting? Please contact a council member for a one-on-one discussion.

Election Timeline: Nominations will be accepted through October 18. Members may nominate themselves or another member. Electronic balloting for the Council elections will be conducted between November 21 and December 6, and the results announced at the Holiday Party on December 13. Paper ballots will be sent to members who do not have access to email.

Feel free to contact me at steve.hussey@bendbroadband.com, or 541-306-6533.

Steve Hussey, Central Oregon Council President

continued from page 1
classes at COCC, through Bend Parks and Recreation, as well as private cooking parties, catering, and farmer market tours.

Facilitator: Burt Litman
Preregistration is not required.
Part 2 will take place Monday, November 13, 2:00—4:00 p.m.

How We Think: Rationality, Perception, and Reality
Tuesdays, October 3, November 7, 10:00 a.m.—noon
Western thinking virtually assumes humans make decisions “rationally.” This course critically examines that belief. We consider the flow of perceptions into our brain, what we actually attend to, and how we filter it. Participants share responsibility to read and contribute ideas from several scholarly and popular books, as well as view and discuss material presented by the speaker.

This six-week seminar, first offered in March and April, is being repeated to allow more members to participate. Preregistration opened in September, and the seminar is fully enrolled.

John Rhettis, OLLI-UO member, earned bachelor, masters, and doctoral degrees from Dartmouth, Harvard, and Cornell Universities, respectively. For nearly 30 years, he practiced psychology, as a professor, as a clinician, and as a consultant to organizations.

How to Look at and Understand Great Art
Wednesdays, October 4—February 14, 2:00—4:00 p.m.
“Great art is among the most sublime, meaningful, and redeeming creations of all civilization. Few endeavors can equal the power of great artwork to capture aesthetic beauty, to move and inspire, to change your perceptions, and to communicate the nature of human experience. Great art is also complex, mysterious, and challenging. Filled with symbolism, cultural and historical references, and often visionary imagery, great artworks oblige us—defy us, even—to reckon with their many meanings.

Award-winning Professor Sharon Latchaw Hirsh’s richly
illustrated lectures take you on an in-depth exploration of the practical skill of viewing art through the lenses of line, light, perspective, composition, and other crucial elements of craft and technique.

Drawing on works from public and private collections, this course brings masterpieces from more than 250 of the world’s greatest artists together in one place” (The Great Courses)

This class was last given in 2014 and was very popular. Some lectures have been eliminated by the course managers to make this a 13-session DVD study group ending February 14. Sessions will meet first, second and fourth Wednesdays.

Course Managers: Burt Litman and Suzanne Butterfield

Survey of Ancient Western Civilizations

Thursdays, October 5-February 15, 1:30—3:30 p.m.

Heads up, history fans! Popular history professor and OLLI—UO member Bob Harrison presents a 10-session survey of earliest societies in the evolution of western civilizations. The course covers ancient Mesopotamia and Egypt through the Greco-Roman and Byzantine periods (3500 BC-1100 AD).

Harrison, Fulbright Scholar, taught history at Southern Oregon University, and COCC. His previous OLLI courses have been on Islam, World War I, Britain in the Middle East, and Imperial Russia.

Course sessions will meet on first and third Thursdays, October-February.

Preregistration took place in September. Please call the main Academic Extension office to see if there is space.

Facilitator: Pat Ackley

Alexander the Great: Legend and Reality—Part II

Monday, October 9, 2:00–4:00 p.m.

Get ready for the second part of a lecture series devoted to this incredible Macedonian King. Presenter Bob Harrison will begin the session with a brief review of the first part of this series.

The lecture will then recount how Alexander the Great conquered the vast Persian Empire in three battles and sought to unite the Greek west with the Persian east. He forced all of his generals to marry Persian wives. He himself married Persian Princess Roxanne, as well as two additional Persian wives. Bob examines the rumors surrounding Alexander’s death and explores his legacy.

Registration is required and closes Friday, October 6.

Facilitator: Pat Ackley

Understanding, Enjoying, and Interpreting Film

Monday, October 16, 1:30–4:00 p.m.

Blow Up is a 1966 English/Italian movie directed by Michelangelo Antonioni, starring David Hemmings and Vanessa Redgrave. A fashion photographer (Hemmings) has left a shoot and is walking through a park when he sees a mysterious young woman (Redgrave) with an older man. He is fascinated by her and takes several photos. When she sees what he is doing she pursues him, pleading for the film. He gives her a roll that is not the correct one. When he develops the film, he sees something strange in the background. After several blow ups, he thinks he sees a murder taking place. The rest of the film is about his trying to find out what happened. It’s a noir, psychological movie—very hip in a 60s way. (Wikipedia and Rotten Tomatoes)

Facilitator: Dick Linford

Preregistration is not required for the film series.

New Member Welcome

Monday, October 23, 10:00 a.m.-noon

Any new members who have joined (or returned after an extended absence) OLLI-UO Central Oregon in 2017 are invited to attend the New Member Welcome at the UO Bend Center. This is an opportunity for new members to get acquainted with each other and to learn what OLLI-UO is all about. We will discuss our upcoming activities, review FAQs, explain how things “work,” and show resources offered to members. This is an informal meeting where we hope to make you feel welcome.

Armchair Traveler: Oslo and Svalbard—Winter Travel in the Norwegian Arctic

Monday, October 30, 1:30–3:30 p.m.

Last winter, OLLI-UO members Steve Hussey and his wife Terry Schwab embarked on an adventure to Oslo, Norway, and the Arctic Archipelago of Svalbard! Join continued on page 6
<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Monday</td>
<td>10:15 a.m.</td>
<td>Nonfiction Book Group [discussion group] Dreamland by Sam Quinones. Facilitator: Rod Charny (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2:00 p.m.</td>
<td>The Role of Glycemic Carbohydrates, Understanding Diabetes 2, and Weight Loss [lecture series, session 1 of 2] Presenter: Suzanne Landry (UOBC)</td>
<td></td>
</tr>
<tr>
<td>3 Tuesday</td>
<td>9:30 a.m.</td>
<td>Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC 105)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:00 a.m.</td>
<td>How We Think: Rationality, Perception, and Reality [seminar, session 1 of 6] Presenter: John Rhetts (UOBC 104)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:45 p.m.</td>
<td>Redefining Reality [DVD study group] Jung and the Behaviorists; The Rediscovery of the Mind. Facilitators: Larry Weinberg (UOBC)</td>
<td></td>
</tr>
<tr>
<td>4 Wednesday</td>
<td>9:30 a.m.</td>
<td>Foundations of Eastern Civilization [DVD study group] Great Ideas of Zhou–Confucianism; Great Ideas–Later Confucianism. Facilitator: Bonnie Campbell (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2:00 p.m.</td>
<td>How to Look at and Understand Great Art [DVD study group] Color: Description, Symbol and More; Space, Shape, Shade, and Shadow. Facilitators: Suzanne Butterfield and Burt Litman (UOBC)</td>
<td></td>
</tr>
<tr>
<td>5 Thursday</td>
<td>Noon</td>
<td>Round Table Luncheon at Moose Sisters [social] For reservations, contact Barbara Jordan, 541-385-6935, or <a href="mailto:bjordan@bendbroadband.com">bjordan@bendbroadband.com</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:30 p.m.</td>
<td>Survey of Ancient Western Civilizations [lecture series] Presenter: Bob Harrison (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12:30 p.m.</td>
<td>Membership Committee [monthly meeting] Chair: Linda Redeker (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2:00 p.m.</td>
<td>Alexander the Great: Legend and Reality [lecture, session 2 of 2] Presenter: Bob Harrison (UOBC)</td>
<td></td>
</tr>
<tr>
<td>10 Tuesday</td>
<td>9:30 a.m.</td>
<td>Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC 105)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:00 a.m.</td>
<td>How We Think: Rationality, Perception, and Reality [seminar, session 2 of 6] Presenter: John Rhetts (UOBC 104)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:45 p.m.</td>
<td>Redefining Reality [DVD study group] The Caring Brain; Brain and Self. Facilitators: Larry Weinberg (UOBC)</td>
<td></td>
</tr>
<tr>
<td>11 Wednesday</td>
<td>9:30 a.m.</td>
<td>Foundations of Eastern Civilization [DVD study group] Great Ideas –Daoism; Great Ideas–Legalism. Facilitator: Bonnie Campbell (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Noon</td>
<td>Council Candidates Forum [meeting] Facilitator: Steve Hussey (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2:00 p.m.</td>
<td>How to Look at and Understand Great Art [DVD study group] Seeing the Big Picture—Composition; The Illusion—Getting the Right Perspective. Facilitators: Suzanne Butterfield and Burt Litman (UOBC)</td>
<td></td>
</tr>
<tr>
<td>12 Thursday</td>
<td></td>
<td>No OLLI-UO Central Oregon Programming</td>
<td></td>
</tr>
<tr>
<td>16 Monday</td>
<td>10:15 a.m.</td>
<td>Nonfiction Book Group [discussion group] Dreamland by Sam Quinones. Facilitator: Rod Charny (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:30 p.m.</td>
<td>Understanding, Enjoying, and Interpreting Film [discussion group] Blow Up. Facilitator: Dick Linford (UOBC)</td>
<td></td>
</tr>
<tr>
<td>17 Tuesday</td>
<td>9:30 a.m.</td>
<td>Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC 105)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:00 a.m.</td>
<td>How We Think: Rationality, Perception, and Reality [seminar, session 3 of 6] Presenter: John Rhetts (UOBC 104)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:45 p.m.</td>
<td>Redefining Reality [DVD study group] Evolutionary Psychology; The Birth of Sociology. Facilitators: Russ Hopper and Science Guys (UOBC)</td>
<td></td>
</tr>
<tr>
<td>18 Wednesday</td>
<td>9:30 a.m.</td>
<td>Foundations of Eastern Civilization [DVD study group] The Qin &amp; First Emperor of China; Contact with the West—Early Han. Facilitator: Pat Ackley (UOBC)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:00 p.m.</td>
<td>OLLI-UO Central Oregon Governing Council [monthly meeting] President: Steve Hussey (UOBC)</td>
<td></td>
</tr>
<tr>
<td>19 Thursday</td>
<td>1:30 p.m.</td>
<td>Survey of Ancient Western Civilizations [lecture series] Presenter: Bob Harrison (UOBC)</td>
<td></td>
</tr>
</tbody>
</table>
Locations
All meetings are held at the UO Bend Center, 80 NE Bend River Mall Drive, unless otherwise stated.

Key
UOBC = UO Bend Center
TBA = To Be Announced

Parking at the UO Bend Center
OLLI-UO members and their guests may use the shopping mall parking spaces adjacent to the UOBC when attending OLLI meetings and classes. Please note that the parking lot in front of the Duck Store should be left open for the store’s customers.

OLLI attendees needing accessible parking may use the designated space in front of the Duck Store.

During the winter months, OLLI members and their guests may park in the Duck Store lot if snow and ice have not been plowed from the shopping mall parking lot.

Questions?
Call 800-824-2714
Grid calendars available from the office or online at http://osher.uoregon.edu
Central Oregon Editor:
Suzanne Butterfield, 541-306-6720, or sbutterfield@gmail.com

Renewals
Mail renewals and membership applications to:
OLLI-UO Central Oregon
1277 University of Oregon
Eugene, OR 97403-1277
Or call the OLLI-UO office to renew, 800-824-2714

OLLI Committee Contacts:
Council President:
Steve Hussey, 541-306-6533, or steve.hussey@bendbroadband.com
Program Chair:
Helen Pruitt, 541-382-7827, or hpruitt@aol.com
Membership Chair:
Linda Redeker, 218-202-1225, or lredeker15@gmail.com
Hospitality Chair:
Terry Schwab, 650-619-0300, or terry_schwab@yahoo.com

OLLI Staff Contacts:
OLLI-UO Program Director:
Ruth Heller, 800-824-2714
Administrative Program Assistant:
Ann Kokkeler
UO Bend Center office:
541-728-0685

23 Monday
10:00 a.m. New Member Welcome [member event] Facilitators: Linda Redeker and Steve Hussey (UOBC)
12:30 p.m. Program Committee [monthly meeting] Chair: Helen Pruitt (UOBC)

24 Tuesday
9:30 a.m. Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC 105)
10:00 a.m. How We Think: Rationality, Perception, and Reality [seminar, session 4 of 6] Presenter: John Rhetts (UOBC 104)
1:45 p.m. Redefining Reality [DVD study group] Competition and Cooperation; Race and Reality. Facilitators: Russ Hopper and Science Guys (UOBC)

25 Wednesday
9:30 a.m. Foundations of Eastern Civilization [DVD study group] Triumph & Tragedy—The Later Han; Silk Roads—Footsteps of Nomads. Facilitator: Pat Ackley (UOBC)
2:00 p.m. How to Look at and Understand Great Art [DVD study group] Art That Moves Us—Time and Motion; Feeling with Our Eyes—Texture and Light. Facilitators: Suzanne Butterfield and Burt Litman (UOBC)

26 Thursday
No OLLI-UO Central Oregon Programming

30 Monday
1:30 p.m. Armchair Traveler: Oslo and Svalbard, Winter Travel in the Norwegian Arctic [lecture]
Presenters: Steve Hussey and Terry Schwab (UOBC)

31 Tuesday
9:30 a.m. Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC 105)
10:00 a.m. How We Think: Rationality, Perception, and Reality [seminar, session 5 of 6] Presenter: John Rhetts (UOBC 104)
1:45 p.m. Redefining Reality [DVD study group] Social Progress; The Reality of Money. Facilitators: Russ Hopper and Science Guys (UOBC)
them as they share their travels to fabulous museums like The Viking Ship museum, Resistance Museum, and Vigeland Park—along with a beautiful fjord cruise, visit to a Russian coal mining town, and a hike inside an ice cave. Steve and Terry will also be sharing Norwegian treats as part of their presentation.

Preregistration is not required.

**Monthly Roundtable Luncheon Moves to First Thursdays**

Thursday, October 5, noon  
Long-time member and lunch organizer Harlie Peterson wants members to know that the monthly social luncheon has changed from the first Tuesday to the first Thursday. Members meet at noon at Moose Sisters, upstairs in the Cascade Village Shopping Center, 63455 N. Hwy 97, Suite 200. He hopes to see you on Thursday, October 5. Please RSVP to Barbara Jordan: bjordan@bendbroadband.com or 541-385-6935.

**Study Group Updates**

**Nonfiction Book Group**  
Mondays, October 2 and 16, 10:15–11:45 a.m.  
*Dreamland* by Sam Quinones weaves together three stories of American life: the stories of young men in Mexico, independent of the drug cartels, in search of their own American Dream via the fast and enormous profits of trafficking cheap black-tar heroin to America’s rural and suburban addicts; the story of local doctors who prescribed pain killers; and that of Purdue Pharma in Stamford, Connecticut, determined to corner the market on pain with its new and expensive miracle drug, Oxycontin. Quinones illuminates just how these stories fit together as cause and effect.  

*Dreamland* is a scathing and incendiary account of drug culture and addiction spreading to every part of the American landscape.  
(Reads)

October Facilitator: Rod Charny  
November selection: *Lab Girl* by Hope Jahren

**Page-turners Fiction Book Group**  
Monday, October 9, 10:15 a.m.–noon  
The Underground Railroad by Colson Whitehead is the winner of the Pulitzer Prize, The National Book Award, the Carnegie Medal for Fiction, and the #1 New York Times Bestseller. Whitehead’s novel is a magnificent tour de force chronicling Cora, a young slave, as she makes a desperate bid for freedom in the antebellum South... In Whitehead’s ingenious conception, the Underground Railroad is no mere metaphor—engineers and conductors operate a secret network of tracks and tunnels beneath the Southern soil... Like the protagonist of *Gulliver’s Travels*, Cora encounters different worlds at each stage of her journey—hers is an odyssey through time as well as space...The Underground Railroad is at once a kinetic adventure tale of one woman’s ferocious will to escape the horrors of bondage and a shattering, powerful meditation on the history we all share. (review from Amazon)

October Facilitator: Deb Hollens  
November selection: *Tightrope* by Simon Mawer
As you read this, I am probably still in Ireland with my cousins for a family reunion. Growing up, our parents often referred to our Donohue “Irish pride” or “Irish temper.” And we did enjoy a good Irish whiskey now and again. So naturally I identified with being Irish, at least in large part. Until recently.

In August, results of a DNA analysis revealed that genetically I am only 19 per cent Irish! Other origins fill in larger pieces of my genetic pie—for example Scandinavian gets 21 percent. I share this simply to illustrate how we assimilate stories and assume things about ourselves that may not be true.

OLLI-UO has become an increasingly large part of my life as I adapted to retirement. Like you perhaps, I virtually organize my weeks around OLLI classes and volunteer opportunities. In the beginning I made certain assumptions about our 24-year-old institute as being a very well established and stable program. This year, however, has been a wake-up call in terms of UO financial realities and the challenges we face to achieve program sustainability. You will have learned more about this at the annual general membership meeting in September.

Back to Ireland: Have you heard of the “Age Friendly Initiative” for higher education? It began at Dublin City University where an interdisciplinary faculty group conceived a set of ten principles to define an Age Friendly University. The movement has caught on around the world, and there are now partner universities in Ireland, the UK, Canada and the USA all working to promote the role higher education can play in improving quality of life for seniors. Many Osher Institutes have succeeded in receiving the Age Friendly University status.

Our OLLI-UO is certainly age-friendly in its own right, and deserving of our re-commitment to making sure it strengthens and grows.

Randall Donohue, Eugene-Springfield Council President

---

**Public Interest Environmental Law in India: International Relations**

Wednesday, October 4, 9:30–11:30 a.m.

How does the world’s largest English-speaking democracy rise to the challenge of protecting its environment amidst widespread poverty, corruption, and multi-ethnic divisions? Are a constitutional right to a healthy environment and specialized environmental courts effective tools for attaining environmental justice? Mark Chernaik from ELAW addresses these questions in a presentation on Public Interest Environmental Law in India.

For the past 25 years as staff scientist for the Environmental Law Alliance Worldwide (ELAW), Mark has helped attorneys and citizens make effective use of scientific information to defend the environment. Mark received a PhD in biochemistry from Johns Hopkins University and a law degree from the University of Oregon School of Law. Mark’s work has taken him to Asia, Latin America, Eastern Europe, the Middle East, and Africa.

The International Relations discussion group also will meet at 9:30 a.m. Wednesday, October 18, with a topic to be announced.

**Plato’s Symposium**

Wednesdays, October 4 and 25, 1:30–3:30 p.m.

Speaker David Kolb presents the second and third parts of his four-part series exploring Plato’s Symposium. For more information, continued on page 10
### Monday, October 2

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 a.m.</td>
<td>Creative Writing Critique [study group] Facilitator: Livvie Taylor-Young (CN)</td>
<td></td>
</tr>
<tr>
<td>NOON—Meditation Series [study group] Facilitator: Janice Friend (MX)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:15 p.m.</td>
<td>Beginning Spanish [study group] Contact: Sara Michener (BZ)</td>
<td></td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>French Language [study group] Facilitator: Elaine deMartin Webster (CN)</td>
<td></td>
</tr>
</tbody>
</table>

### Friday, October 6

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Noon</td>
<td>November Newsletter Copy Submission Deadline</td>
<td></td>
</tr>
</tbody>
</table>

### Monday, October 9

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 a.m.</td>
<td>Philosophy Salon [study group] Philosophy of Mind—Brains, Consciousness, and Thinking Machines: A Mind in the World. (CN)</td>
<td></td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td>Solutions [discussion group] Restorative Justice, Retribution, Rehabilitation and Prevention. Facilitator: Jerry Brule (CN)</td>
<td></td>
</tr>
<tr>
<td>NOON—Meditation Series [study group] Facilitator: Janice Friend (MX)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:15 p.m.</td>
<td>Beginning Spanish [study group] Contact: Sara Michener (BZ)</td>
<td></td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>French Language [study group] Facilitator: Elaine deMartin Webster (CN)</td>
<td></td>
</tr>
</tbody>
</table>

### Wednesday, October 11

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 a.m.</td>
<td>International Relations: Public Interest Environmental Law in India [discussion group] Presenter: Dr. Mark Chernaik (AK/MX)</td>
<td></td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>Plato’s Symposium [lecture series, session 2 of 4] Presenter: David Kolb (AK/MX)</td>
<td></td>
</tr>
</tbody>
</table>

### Thursday, October 12

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:15 p.m.</td>
<td>Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)</td>
<td></td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Italian Language [study group] Facilitator: Lee Altschuler (BZ)</td>
<td></td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>Marketing and Communications [monthly meeting] Chair: John Hannah (BZ)</td>
<td></td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>Music Appreciation [study group] Facilitator: D. Lawrence (CN)</td>
<td></td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Spanish Conversation [study group] Facilitators: C. Keutzer and S. Cook (CN)</td>
<td></td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Italian Language [study group] Facilitator: L. Altschuler (BZ)</td>
<td></td>
</tr>
</tbody>
</table>

### Monday, October 16

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 a.m.</td>
<td>Creative Writing Critique [study group] Facilitator: Livvie Taylor-Young (CN)</td>
<td></td>
</tr>
<tr>
<td>NOON—Meditation Series [short course] Facilitator: Janice Friend (MX)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:15 p.m.</td>
<td>Beginning Spanish [study group] Contact: Sara Michener (BZ)</td>
<td></td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>The Great White Fleet [lecture] Presenter: Leslie Compton (AK/MX)</td>
<td></td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>French Language [study group] Facilitator: Elaine deMartin Webster (CN)</td>
<td></td>
</tr>
</tbody>
</table>

### Friday, October 19

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 a.m.</td>
<td>Program Committee [monthly meeting] Chair Steve Koller (MX)</td>
<td></td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Historical Novels and Nonfiction [book group] Over the Edge of the World, Laurence Bergreen. Facilitator: Joyce Churchill (CN)</td>
<td></td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>Spanish American Independence: Latin America [lecture series, session 1 of 2] Presenter: Ilene O’Malley (AK/MX)</td>
<td></td>
</tr>
</tbody>
</table>

### Saturday, October 20

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30 p.m.</td>
<td>The Baroque World: France [lecture series, 2 of 4] Presenter: Helene-Carol Brown (AK/MX)</td>
<td></td>
</tr>
</tbody>
</table>
3:30 p.m. Interpretive Play Reading
[study group] Facilitators: Iona Waller and Jack Bennett (CN)

19 Thursday
9:30 a.m. Poetry on Wheels: Writing and Speaking [study group] Facilitator: Charles Castle (BZ)
11:45 a.m. Thinking Allowed [discussion group] Can Conservatism/ Liberalism be cured? Facilitator: Jerry Brule (CN)
13:00 p.m. Short Story Discussions [study group] “Left Overs” and “The War Years,” One World Two: A Second Global Anthology of Short Stories. Facilitator: S. Pardee (CN)
13:15 p.m. Spanish Conversation [study group] Facilitators: C. Keutzer and S. Cook (CN)
3:15 p.m. Italian Language [study group] Facilitator: L. Altschuler (BZ)

23 Monday
9:30 a.m. Philosophy Salon [study group] Philosophy of Mind—Brains, Consciousness, and Thinking Machines: A History of Smart Machines. (CN)
11:45 a.m. Solutions [discussion group] End of Life Issues. Facilitator: Jerry Brule (CN)

NOON Meditation Series [short course] Facilitator: Janice Friend (MX)
12:15 p.m. Beginning Spanish [study group] Contact: Sara Michener (BZ)
1:30 p.m. With a Song in my Heart: Great Hollywood Musicals [film series] Funny Girl. Intro: Howard Schuman (AK/MX)
3:15 p.m. French Language [study group] Facilitator: Elaine deMartin Webster (CN)

24 Tuesday
11:00 a.m. Classics/Philosophy [book group] Facilitator: Paul Holbo (CN)

2:00 p.m. Third Annual House of Coffee [presentation] Presenters: Members of OLLI Writing Groups. (AK/MX)

25 Wednesday
11:00 a.m. Eugene-Springfield Council [monthly meeting] President: Randall Donohue (CN)
1:30 p.m. Plato’s Symposium [lecture series, session 3 of 4] Presenter: David Kolb (AK/MX)

26 Thursday
9:30 a.m. News and Views [discussion group] (CN)
13:00 p.m. Spanish American Independence: Mexico [lecture series, session 2 of 2] Presenter: Ilene O’Malley (AK/MX)
3:15 p.m. Spanish Conversation [study group] Facilitators: C. Keutzer and S. Cook (CN)
3:15 p.m. Italian Language [study group] Facilitator: L. Altschuler (BZ)

27 Friday
10:00 a.m. Membership Committee [monthly meeting] Co-Chairs Julie Jessal and Antonia Lewis (PT)

30 Monday
9:30 a.m. Creative Writing Critique [study group] Facilitator: Livvie Taylor-Young (CN)

NOON—Meditation Series [study group] Facilitator: Janice Friend (MX)
12:15 p.m. Beginning Spanish [study group] Contact: Sara Michener (BZ)
1:30 p.m. Norma Bassett Hall: Early 20th Century Color Block Printmaker [lecture] Presenter: Joby Patterson (AK/MX)
3:15 p.m. French Language [study group] Facilitator: Elaine deMartin Webster (CN)

31 Tuesday
10:00 a.m. Understanding Science [DVD study group] Archaeology—World’s Greatest Sites: The Canaanite Palace at Tel Kabri; Petra, Palmyra, and Ebla. (AK/MX)
1:30 p.m. Brain and Memory [lecture] Presenters: Dr. Caitlin Bowman and Anisha Adke (AK/MX)

Locations
All meetings are held at Baker Downtown Center, 975 High Street, unless otherwise stated.

Key
AK = Alaska Room
MX = Mexico Room
CN = Canada Room
BZ = Belize Room
PT = Patagonia Room
TBA = To Be Announced

Renewals
Mail renewals and membership applications to:
OLLI-UO Eugene Springfield
1277 University of Oregon
Eugene, OR 97403-1277

Or drop them off at the office:
975 High Street, Eugene

OLLI Staff Contacts:
OLLI-UO Program Director:
Ruth Heller, 541-346-0697
Administrative Program Assistant:
Ann Kokkeller, 541-346-0697

OLLI Committee Contacts:
Council President:
Randall Donohue, donohue46@gmail.com
Program Committee:
Stephen Koller, cskoller14@gmail.com
Membership, Promotions and Awards:
Julie Jessal, juliejessal123@gmail.com
Eugene-Springfield Editor: Judy Johnston, enchantedbyways@gmail.com
please see article in the September issue of The Oregon Sage.

Spanish American Independence: Latin America and Mexico
Wednesday, October 11, and Thursday, October 26, 1:30–3:30 p.m.

Between 1809 and 1822, fourteen of Spain’s sixteen American colonies declared independence, bringing Spain’s 300-year-old empire to an end. In honor of Hispanic American history month, this two-part history class will look at developments within Spain’s American colonies that led to a rapid collapse of its empire when Spain itself was torn by war and civil strife in the early 1800s.

Part 1 will consider how Spain’s centralized global colonial system’s impact on the peoples of the numerous colonies differed by race, class, and geographical location, which in turn produced different kinds of independence movements in the colonies when Spain was invaded by Napoleon and the Spanish king dethroned.

Part 2, building upon Part 1, will focus on how independence from Spain was won in Mexico. It will also consider how the divisions within Mexico’s independence movement (1810-1821) continued to rend Mexican society for decades after formal independence. Ilene O’Malley’s lifelong passion for Mexico began with a hippie backpack tour in 1972. She went on to earn a PhD in Latin American history at the University of Michigan. She was awarded a Fulbright scholarship for her research on the Mexican Revolution, and her resultant book, The Myth of the Revolution, is considered a pioneering work on the role of gender concepts in Mexico’s political culture.

The Great White Fleet
Monday, October 16, 1:30–3:30 p.m.

Did you know the slogan “Join the Navy and see the world” stems from President Teddy Roosevelt’s sending of a fleet of 16 battleships manned by 14,000 sailors and marines on a 14-month, 43,000-mile good-will tour? Setting sail from Hampton Roads, Virginia on December 12, 1907, the Great White Fleet dropped anchor in 20 ports on six continents and is considered one of the greatest peacetime achievements in US Naval history.

Author Leslie Compton uses authentic, full-color collectable postcards to re-create a first-hand account of life on-board the Fleet. Told through an enlisted young sailor’s postcard/pen-pal romance, Dearest Minnie … A Sailor’s Story interweaves a sweet tale of love with fascinating chronicles of the Fleet’s adventures. The book is also a pictorial essay, and includes detailed descriptions of all 200 postcards and every photograph.

A Southern Oregon University OLLI member, Ms. Compton will present this story and share her own adventures behind writing the book. As a ten-year-old, Leslie inherited a collection of old postcards from her grandfather’s cousin… and discovered, decades later, that all the beautifully illustrated cards had been written by one sailor aboard the USS Virginia and sent between 1907 and 1909. Six years of research followed, including in libraries up and down the East Coast and internet searches that put her in touch with historians and postcard collectors around the world. From all of that, came Dearest Minnie, A Sailor’s Story.

Ms. Compton’s book offers something for everyone: history buffs, romantics, postcard collectors, artists, photographers and Navy vets. Join her for an interesting, enlightening and delightful afternoon.

Some Big Ways the 1917 Soviet Revolution fits into Russian and World History
Wednesday, October 18, 9:30-11:30 a.m.

The International Relations study and discussion group invites all members to join us for this special session with Dr. Alan Kimball, UO Department of History as we observe the 100th anniversary of the Soviet revolution.

The Baroque World: France
Wednesday, October 18, 1:30–3:30 p.m.

Helene-Carol Brown presents the second of a four-part series on Baroque art. Please refer to an article in the September issue of The Oregon Sage for more information.

Third Annual OLLI-UO House of Coffee
Tuesday, October 24, 2:00–4:00 p.m.

Creative Writing and Poetry on Wheels Learning Circles invite all OLLI members to the third annual
OLLI House of Coffee. Recapturing the spirit of the 1960s, our resident poets and writers will march to a different drummer as they protest any ideas that creativity fades with age.

Join both groups for a Back-To-The-Beat-and-60s retro afternoon. While everyone in the audience sips coffee, enjoys folk music, and basks in love beads and flower power ambience, members of both these Learning Circles will step up to the mic and charm you with their original prose and poetry. Remembering this was the 50-year anniversary of the Summer of Love, they will also be appropriately attired in Hippie-like fashion.

Just for the fun of it, dressing up for attendees is encouraged as well. But in the lingo of the day, if you prefer to say “No Way,” that’s up to you. Everyone’s welcome. whether you’re tie-dyed or prefer a suit and tie. In any event, do come take a step back in time… and learn about, cheer-on and enjoy the incredible creativity and talent of your fellow OLLI members.

Norma Bassett Hall: Early 20th Century Color Block Printmaker Par Excellence
Monday, October 30, 1:30–3:30 p.m.
Norma Bassett Hall was born in Halsey, Oregon in 1888, and was graduated from the School of the Art Institute of Chicago in 1918. She was heavily influenced by the Arts and Crafts movement, and by 1922 had decided to become a color block artist. She and her husband traveled widely and she created prints in North America, Europe and Scotland. Speaker Joby Patterson spent 12 years researching Hall’s work, and managed to locate nearly all of her prints, then got the owners to agree to loan them for exhibition. They have been shown at the Jordan Schnitzer Museum of Art, and also in Spokane, Bellingham, and Wichita. Next spring they will go to Manhattan, Kansas and Beloit College, Wisconsin. In the meantime, Patterson has access to the entire collection and wants to share them with more Oregonians; she says it is unlikely that the entire collection will ever be assembled again.

Joby Patterson has a PhD in art history and has taught the history of prints of the western world at UO for 10 years; she is the author of two books on the history of prints of the early 20th century.

Brain and Memory
Tuesday, October 31, 1:30–3:30 p.m.
It’s likely you remember that you got a cake for your eighth birthday. But do you remember its flavor or decoration? Dr. Caitlin R. Bowman has conducted research that indicates aging may disrupt transfer of many kinds of information from short-term to long-term memory.

A great deal of memory research has shown that aging disrupts memory for specific details but leaves memory for general conceptual information relatively intact, Bowman said. Previous research, however, has not yet determined if aging disrupts memory for details initially when they are encoded into short-term memory or disrupts how those details are transferred into long-term memory.

In the study of both college-age students and persons 60 years and older (including some OLLI-UO volunteers), Bowman, along with Anisha Adke and Dasa Zeithamova, tested whether perceptual details were lost in short- or long-term memory. Participants studied pictures of everyday objects and were tested after a short delay and a longer delay. Older participants were as accurate as the younger persons in the short-term memory task for both specific and general information. The disruption appeared only in the long-term memory test. Unexpectedly, Bowman said, the long-term memory deficit was present for both general and specific (conceptual and perceptual) information, indicating aging may disrupt transfer of many kinds of information from short-term or long-term memory.

Bowman received her PhD from Penn State in 2015, after which she joined the UO Brain and Memory Lab to pursue her interest in understanding the neural mechanisms of learning and memory. Adke is an undergraduate student at the University of Oregon, where she is a biology major with a concentration in neuroscience and behavior.

continued on page 12
Learning Circle

Monthly Schedule

Monday
9:30 a.m. Creative Writing Critique: first and third weeks.
9:30 a.m. Philosophy Salon: second and fourth weeks
11:45 a.m. Solutions: second and fourth weeks.
12:15 p.m. Beginning Spanish: weekly.
1:30 p.m. Film Series: second and fourth weeks.
3:15 p.m. French Language: weekly.
Tuesday
10:00 a.m. Understanding Science: first, third, and fifth weeks
11:00 a.m. Classics/Philosophy: fourth week
11:45 a.m. Brown Bag Opera; first Tuesdays.
Wednesday
9:30 a.m. International Relations: first and third weeks.
10:00 a.m. Historical Novels and Nonfiction: second week.
3:30 p.m. Interpretive Play Reading: third week in October.
Thursday
9:30 a.m. News and Views: second and fourth weeks.
9:30 a.m. Poetry on Wheels: first and third weeks
11:45 a.m. Thinking Allowed: first and third weeks
1:30 p.m. Short Story Discussions: first and third weeks.
1:30 p.m. Music Appreciation: second week in October.
3:15 p.m. Spanish Conversation: weekly.
3:15 p.m. Italian Language: weekly.

Osher Lifelong Learning Institute at the University of Oregon
Active Minds for Active Lives
http://osher.uoregon.edu

Looking Ahead

Olli Film Series Notes 100th Anniversary of Russian Revolution with Dr. Zhivago
To commemorate the 100th anniversary of the Russian Revolution, the Monday, November 13, 1:30 film series session will feature Dr. Zhivago. Starring Omar Sharif and Julie Christie, the David Lean script covers tumultuous events from the pre-World War I era through the 1917 Revolution and civil war. You won’t want to miss this Hollywood classic, the eighth highest grossing film on record. The Russian Revolution is known as the October Revolution in the Julian calendar but culminated in November activities by the more widely used Gregorian calendar.

*The previously scheduled film, All That Jazz, will be shown on December 11, concluding the current “With a Song in My Heart” musicals series.

continued from page 11

An equal-opportunity, affirmative-action institution committed to cultural diversity and compliance with the Americans with Disabilities Act. This publication will be made available in accessible formats upon request. Accommodations for people with disabilities will be provided if requested in advance. © 2017 University of Oregon. AE #16437