



At the University of Oregon

The Oregon Sage

Monthly newsletter from the Osher Lifelong Learning Institute at the University of Oregon

Volume 7, Number 5

May 2017

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CENTRAL OREGON—There's a New Health Sheriff in Town— Aging Do's and Don'ts

Monday, May 1, 10:00 a.m.–noon

What is the worst thing for your health? Aging. While this deleterious factor may be inevitable for humans, there are recent, profound discoveries in the cellular world that open the doors to lifestyles and treatments that may reduce the negative impact of aging. These discoveries tie the systems of the human body together in ways we have always assumed, but only now have actually demonstrated. Answering the question of “how,” researchers can attempt to intervene in the process of aging. But what do we target? Aging is not simple. **Dr. Timothy Burnett** leads a class on this subject.

This class focuses on the basics of intercellular communication and how different body systems react and respond to each other to maintain life. Dr. Burnett delves into a few key players in some of the most common diseases with aging and discusses which behaviors elicit an optimal health response. Additionally, he uses examples (such as exercise, calorie restriction, and spaceflight) to explore the possible underpinnings of healthy—and not-so-healthy—aging.

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EUGENE/SPRINGFIELD—Adventures of a Ballet Historian

Monday, May 1, 1:30–3:30 p.m.

When **Marian Smith** was doing her doctoral research on ballet music in the Opéra archives in Paris, she saw a mysterious photograph of a musical score for ballet that was heavily annotated with instructions about how to perform the ballet. However, she could not find the original manuscript. In this presentation (which includes pictures and short videos), she will describe her attempt to locate this exciting manuscript, and the ways in which her search and findings along the way affected her ideas and appreciation for 19th-century ballet.

Smith is professor of music at the University of Oregon School of Music and Dance, where she teaches courses on western art music and musical theater. She earned a PhD in musicology from Yale University.

The History of the Battle of Puebla on Cinco de Mayo

Wednesday, May 3, 1:30–3:30 p.m.

In the Battle of Puebla, the fate of Mexico as a democratic country and sovereign nation hung in the balance. A “bush league” Army of the Mexican Republic

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Osher Lifelong Learning Institute

Academic Extension
1277 University of Oregon
Eugene, OR 97403-1277

800-824-2714
osher@uoregon.edu
<http://osher.uoregon.edu>



UNIVERSITY OF
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Central Oregon



OLLI-CO Editor's Note

"Team." According to the *Business Dictionary*, a team is "a group of people with a full set of complementary skills required to complete a task, job, or project. Team

members (1) operate with a high degree of interdependence, (2) share authority and responsibility for self-management, (3) are accountable for the collective performance, and (4) work toward a common goal and shared reward(s). A team becomes more than just a collection of people when a strong sense of mutual commitment creates synergy, thus generating performance greater than the sum of the performance of its individual members."

Now who does that sound like? Why, OLLI, of course.

Your Governing Council and committees are working on a project to increase the size of the team of volunteers that bring you all of what OLLI-UO represents. I have found that being part of a team of people with a common goal and a good outcome is very rewarding. It is so much more fun than going solo. Think about what you could bring to our Central Oregon OLLI volunteer teams. What do you like to do and how does that match up with the types of volunteer teams being assembled around different subjects? Would you like to help staff a few hours a week with administrative work, or help a Program Committee member create and carry out a course offering, help with written communications, or assist the Hospitality or Membership Committees? Be on the lookout for an e-mail coming your way, and listen for announcements in classes. WE NEED YOU!

Suzanne Butterfield,
OLLI-UO Central Oregon Newsletter Editor

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Dr. Burnett is an instructor of kinesiology at Oregon State University Cascades campus. He received his BS in kinesiology from California State University San Marcos and his MS in exercise physiology from San Diego State University. His doctoral work in human bioenergetics was performed at the Human Performance Laboratory at Ball State University in Muncie, Indiana. This National Institute of Health-funded work focused on the loss of skeletal muscle size and function during aging and how lifelong aerobic exercise affects this process.

Ukraine's "Revolution of Dignity" and U.S. Foreign Policy

Monday, May 1, 1:30–3:30 p.m.
Bend resident **Bruce Donahue**, who recently retired as Minister-Counselor from the US Department of State, speaks about his last assignment

as Deputy Chief of Mission at the United States Embassy in Kiev, Ukraine, from 2013–2015. In his presentation, Donahue reviews the often misunderstood events of the winter of 2013–2014, which led then-Ukrainian President Yanukovich to flee the country and allowed a pro-Western government to come to power. He also discusses Russia's actions during the "Revolution of Dignity," including the invasion of Crimea and eastern Ukraine. Finally, he outlines implications for U.S. foreign policy and lessons learned from the Ukrainian revolution.

Donahue retired from the Foreign Service in 2016 after a 33-year career as a Foreign Service Officer. During most of his career, he focused on Russia and Eastern and Central Europe, serving in Poland and Moscow. Other overseas assignments included South Korea and Armenia. Donahue

received his BA from Cornell University and his MA and PhD from the University of Oregon, respectively. He has been married to his wife, Karen, for 34 years; they have four adult children.

Registration is required for this lecture.

Survey of American Literature

Mondays, May 8, 15, and 22,
10:00 a.m.–noon

Ann Sargent returns to explore with us the various movements of American literature as they correspond to history. A variety of stories and authors will be featured through readings and discussion. Ms. Sargent plans to present a study of the American Literary Movements, moving from Puritanism all the way through to Modernism, while highlighting how these movements correspond to events in American history. Participants learn to identify signature

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writing styles and features of each historical movement.

Sargent taught a three-part course about the short story last fall. She is a former college textbook editor and high school English teacher and has been teaching at the community college level for 13 years, currently as a writing instructor at COCC. Sargent's love is American literature. She taught OLLI program classes at Bradley University in Illinois for three years (from 2005–2008) before moving to Bend.

Registration is required and the course is limited to 25 participants. Watch your e-mail for announcements. Registered members will receive short stories to read prior to the start of the course.

Native Peoples of North America Concludes

Wednesdays, May 3 and 10, 10:00 a.m.–noon and 1:30–3:30 p.m. Our thought-provoking and well-attended history course, *Native Peoples of North America*, wraps up on Wednesday, May 10. Of special mention over these past 12 weeks is the incredible amount of member participation in this series. The Program Committee and OLLI-UO Program Staff extend a big THANK YOU to Course Manager **Pat Ackley** and all of the members who stepped up to facilitate a session or two. Member **Thom Larson's** willingness and enthusiasm to lead a second section allowed us to offer this course in the afternoons. Our ability to hold duplicate sections depends greatly on our members' contributions. Thank you to the following facilitators:

David Costello
Don Hartsough
Steve Hussey

Joe Jezukewicz
Leslie Koc
Jim Langton
Joe Stevens

...and to all of the members who brought in Native American artifacts from their personal collections. What a treat it was to see the relics and to hear the stories behind them. Great job on a successful series!

Understanding, Enjoying, and Interpreting Film

Tuesday, May 16, 1:30–4:00 p.m. The film discussion group watches one final flick this month before taking a break for the summer. May's featured film is *Chinatown* (1974, 131 minutes), directed by Roman Polanski with an Academy Award-winning script written by Robert Towne. Jack Nicholson, Faye Dunaway, and John Huston star. This film was nominated for 11 Oscars, yet won only "Best Original Screenplay," as it was up against heavy-hitter, *The Godfather 2*.

Chinatown combines film noir mystery with politics surrounding water rights that are still with us today. This film is a relevant follow up to our presentations on Central Oregon's water history and challenges.

Facilitator: **Rod Charny**

Upcoming Field Trips

Let's Celebrate Nature Tour

Friday, May 26, 8:00 a.m.–1:00 p.m. We had the pleasure of listening to **LeeAnn Kreigh** discuss highlights from her book, *The Nature of Bend*, on March 17. On Friday, May 26, we have a related, local field trip planned. **LeeAnn Kreigh** and **Chuck Gates** of the local Audubon Society take us

to several local sites to spot birds and plants. This nature tour is open to all members—even those who were unable to attend LeeAnn's talk.

The tentative plan for the tour is to start at Hatfield Lake (by the Bend Airport) for shorebirds and waterfowl. Then to Shevlin Park and search for late migrants, woodpeckers, and other species. Next stop is Entrada Lodge Burn to view the Lewis's Woodpeckers (subject to change if they don't show up this year). If time allows, we will do some forest birding up Skyliners Road.

There will be limited walking on level ground. *Registration and field trip forms are required*; watch your e-mail for the announcement.

Coordinator: **Suzanne Butterfield**

Field Trip to Fort Rock Basin and Fort Rock Cave

Monday, June 12, 2017

Plans are currently in the works to visit Fort Rock Basin and Fort Rock Cave, the site where North America's oldest shoes were found—dating back 9,000 years. Declared a National Historic Landmark in 1961, the trip to Fort Rock Basin is sure to be a delight. Watch your e-mail and the fliers for more details to come this month.

Facilitator: **Steve Hussey**

Field Trip to Pendleton and Baker City

July 26–29, 2017

Central Oregon member Marcia Stone and her committee are planning a three-day field trip to Pendleton and Baker City. The plan includes the Pendleton Underground Tour, tours of the Pendleton Woolen Mill

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Central Oregon

1 Monday

10:00 a.m. There's a New Health Sheriff in Town—Aging Do's and Don'ts [lecture] Presenter: Timothy Burnett (UOBC)

1:30 p.m. Ukraine's "Revolution of Dignity" and U.S. Foreign Policy [lecture] Presenter: Bruce Donahue (UOBC)

2 Tuesday

10:00 a.m. Nonfiction Book Group [discussion group] *Quiet* by Susan Cain. Facilitator: Dottie Blalock (UOBC)

Noon—Round Table Luncheon—Currents at the Riverhouse [social] For reservations, contact Barbara Jordan, 541-385-6935, or bjordan@bendbroadband.com

3 Wednesday

10:00 a.m. Native Peoples of North America [DVD study group] American Indians and World War II; Indian Termination or Self-Determination. Facilitator: David Costello (UOBC)

1:30 p.m. Native Peoples of North America [DVD study group] American Indians and World War II; Indian Termination or Self-Determination. Facilitator: Thom Larson (UOBC)

4 Thursday

9:30 a.m. Writers' Bloc [study group] Facilitator: Carolyn Hammond (UOBC)

1:30 p.m. Biology and Human Behavior: The Neurological Origins of Individuality [DVD study group] The Autonomic Nervous System (ANS); The Regulation of Hormones by the Brain. Facilitator: Larry Weinberg (UOBC)

5 Friday

No OLLI-UO Central Oregon Events Scheduled
UOBC Classrooms in Use

8 Monday

10:00 a.m. Survey of American Literature [short course, session 1 of 3] Instructor: Ann Sargent (UOBC)

9 Tuesday

10:00 a.m. Page-turners Book Group [discussion group] *Secret Daughter* by Shilpi Somaya Gowda. Facilitator: Michal Haller (UOBC 105)

10 Wednesday

10:00 a.m. Native Peoples of North America [DVD study group] Native Radicalism and Reform, 1969–1978; Reasserting Rights and Tribal Sovereignty. Facilitator: David Costello (UOBC)

1:30 p.m. Native Peoples of North America [DVD study group] Native Radicalism and Reform, 1969–1978; Reasserting Rights and Tribal Sovereignty. Facilitator: Thom Larson (UOBC)

11 Thursday

9:30 a.m. Writers' Bloc [study group] Facilitator: Carolyn Hammond (UOBC)

1:30 p.m. Biology and Human Behavior: The Neurological Origins of Individuality [DVD study group] The Regulation of the Brain by Hormones; The Evolution of Behavior. Facilitator: Larry Weinberg (UOBC)

12 Friday

10:00 a.m. Membership Committee [monthly meeting] Chair: Linda Redeker (UOBC)

15 Monday

10:00 a.m. Survey of American Literature [short course, session 2 of 3] Instructor: Ann Sargent (UOBC)

16 Tuesday

10:00 a.m. Nonfiction Book Group [discussion group] *Quiet* by Susan Cain. Facilitator: Dottie Blalock (UOBC)

1:30 p.m. Understanding, Enjoying, and Interpreting Film [discussion group] *Chinatown*. Facilitator: Rod Charny (UOBC)

17 Wednesday

10:00 a.m. History Program: Topic to Be Announced (UOBC)

18 Thursday

9:30 a.m. Writers' Bloc [study group] Facilitator: Carolyn Hammond (UOBC)

1:30 p.m. Biology and Human Behavior: The Neurological Origins of Individuality [DVD study group] The Evolution of Behavior—Some Examples; Cooperation, Competition, and Neuroeconomics. Facilitator: Larry Weinberg (UOBC)

19 Friday

10:30 a.m. OLLI-UO Central Oregon Governing Council [monthly meeting] President: Steve Hussey (UOBC)

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22 Monday

10:00 a.m. Survey of American Literature [short course, session 3 of 3] Instructor: Ann Sargent (UOBC)

23 Tuesday

1:30 p.m. Program Committee [monthly meeting] Chair: Helen Pruitt (UOBC)

24 Wednesday

10:00 a.m. History Program to Be Announced (UOBC)

25 Thursday

9:30 a.m. Writers' Bloc [study group] Facilitator: Carolyn Hammond (UOBC)

1:30 p.m. Biology and Human Behavior: The Neurological Origins of Individuality [DVD study group] What Do Genes Do? Microevolution of Genes; What Do Genes Do? Macroevolution of Genes. Facilitator: Larry Weinberg (UOBC)

26 Friday

8:30 a.m. Let's Celebrate Nature Tour [field trip] Leaders: LeeAnn Kreigh and Chuck Gates (UOBC)

No Staffing at UO Bend Center

29 Monday

UO Offices Closed in Observance of Memorial Day Holiday

30 Tuesday

No OLLI-UO Central Oregon Events Scheduled

31 Wednesday

10:00 a.m. History Program: Topic to Be Announced (UOBC)

Locations

All meetings are held at the UO Bend Center, 80 NE Bend River Mall Drive, unless otherwise stated.

Key

UOBC = UO Bend Center
TBA = To Be Announced
LGC = Looking Glass Café

Parking at the UO Bend Center

OLLI-UO members and their guests may use the shopping mall parking spaces adjacent to the UOBC when attending OLLI meetings and classes. Please note that the parking lot in front of the Duck Store should be left open for the store's customers.

OLLI attendees needing accessible parking may use the designated space in front of the Duck Store.

During the winter months, OLLI members and their guests may park in the Duck Store lot if snow and ice have not been plowed from the shopping mall parking lot.

Questions?

Call 800-824-2714

Grid calendars available from the office or online at <http://osher.uoregon.edu>

Central Oregon Editor:
Suzanne Butterfield, 541-306-6720,
or srbutterfield@gmail.com

Renewals

Mail renewals and membership applications to:

OLLI-UO Central Oregon
1277 University of Oregon
Eugene, OR 97403-1277

Or call the OLLI-UO office to renew,
800-824-2714

UO Staff Contacts:

OLLI-UO Program Director:
Ruth Heller, 800-824-2714
Administrative Program Assistant:
Ann Kokkeler

UO Bend Center office:
541-728-0685
UO Academic Extension Program
Coordinator, Heather Inghram

OLLI Committee Contacts:

Council President:
Steve Hussey, 541-306-6533,
or steve.hussey@bendbroadband.com

Program Chair:
Helen Pruitt, 541-382-7827,
or hppruitt@aol.com

Membership Chair:
Linda Redeker, 218-202-1225,
or lredeker15@gmail.com

Hospitality Chair:
Terry Schwab, 650-619-0300,
or terry_schwab@yahoo.com

Central Oregon

Learning Circle

Monthly Schedule

Tuesday

10:00 a.m. Nonfiction Book Group: first and third weeks.

10:00 a.m. Page-turners Fiction Group: second week.

Noon—First Tuesday Luncheon at Currents at The Riverhouse.

1:30 p.m. Understanding, Enjoying, and Interpreting Film: third week.

Wednesday

10:00 a.m. Native Peoples of North America, Section A: first and second weeks.

1:30 p.m. Native Peoples of North America, Section B: first and second weeks.

Follow-up history topics will begin on the third week, and continue weekly sessions. Watch for more information in the weekly eminders.

Thursday

9:30 a.m. Writers' Bloc: weekly.

1:30 p.m. Biology of Human Behavior: weekly.

We welcome member proposals for study or discussion groups! Share your interests and expertise with other members or explore a new topic together. Contact the OLLI-UO office, or the Central Oregon Program Chair, if you're interested in proposing or leading a new group.

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and Tamastlikt Cultural Institute, with free-time visits to Hamley Saddleshop, Pendleton Center for the Arts, Heritage Station Museum, or the Pendleton Round-Up and Happy Canyon Hall of Fame. In Baker City, a tour of the Oregon Trail Cultural Center and Interpretive Center and free-time visits to the Geiser Hotel, Baker Heritage Center, the Chinese cemetery or the Leo Adler House. The return trip home may include some strategic stops in Sumpter, John Day, and Prineville.

OLLI-UO staff is requesting commitments for this special field trip by **June 15**. A pretrip meeting will follow with all who plan to go. Fliers and e-mail notifications will be out in early May.

Coordinators: **Marcia Stone** and **Suzanne Butterfield**

Study Group Updates

Nonfiction Book Group

Tuesdays, May 2 and 16,
10:00 a.m.—noon

Quiet: The Power of Introverts in a World That Can't Stop Talking is the book selected for May. *Goodreads.com* declares this book is “passionately argued, impressively researched, and filled with indelible stories of real people. *Quiet* shows how dramatically we undervalue introverts, and how much we lose in doing so. Taking the reader on a journey from Dale Carnegie's birthplace to Harvard Business School, from a Tony Robbins seminar to an evangelical megachurch, Susan Cain charts the rise of the Extrovert Ideal in the twentieth century and explores its far-reaching effects. She

talks to Asian-American students who feel alienated from the brash, backslapping atmosphere of American schools. She questions the dominant values of American business culture, where forced collaboration can stand in the way of innovation, and where the leadership potential of introverts is often overlooked. And she draws on cutting-edge research in psychology and neuroscience to reveal the surprising differences between extroverts and introverts.

Perhaps most inspiring, she introduces us to successful introverts.”

Facilitator: **Dottie Blalock**

Page-turners Fiction Book Group

Tuesday, May 9, 10:00 a.m.—noon
According to *Amazon*, *Secret Daughter*, a first novel by Shilpi Somaya Gowda, explores powerfully and poignantly the emotional terrain of motherhood, loss, identity, and love through the experiences of two families—one Indian, one American—and the child that binds them together. This book is a masterful work set partially in the Mumbai slums so vividly portrayed in the hit film *Slumdog Millionaire*.

Secret Daughter has received accolades from several literary organizations and is listed as a “bestseller” in *The New York Times*, *USA Today*, and publications in seven other countries.

Facilitator: **Michal Haller**

Please note: These are the final sessions for the book study groups until September. Both book groups take a break from June to August. In the July newsletter, we will provide the list of reading selections for the fall so that members may indulge in even more summer reading!

Eugene/Springfield



OLLI-ES Editor's Note

Haven't we had a glorious spring? It seemed like every day, something new was in bloom: daffodils, forsythia, cherry trees, magnolias, bringing

dazzling color and a sense of renewal and growth.

As the new volunteer editor of *The Oregon Sage*, I look around OLLI-UO in Eugene and Springfield and see spring as a metaphor for exciting events and developments that likewise are bringing a sense of renewal and growth to our program.

The volunteer leadership of OLLI-UO is reaching out to inform citizens of Eugene and Springfield of all the program has to offer, in an effort to include a greater number of people in the joy of lifelong learning. A new marketing and communications committee needs volunteers and ideas to help in that effort to spread the word.

Please see a related article, "OLLI-UO is Listening," for more information on meeting times and contact numbers.

In addition to outreach, changes are happening within the committees. The travel branch of our programming has been revived by the program committee after a hiatus of several years. The first of the travel destinations was to the Oregon Shakespeare Festival in Ashland, where we saw not only world-class plays but also enjoyed a private conversation with the lead actor (Will) in *Shakespeare in Love*.

OLLI committees are volunteer-run. To keep up the momentum of a growing membership and new, dynamic programming, we need volunteers. No matter what your interests or skills may be, the organization has a place for you. Just bring a sense of enthusiasm for your lifelong learning experience and share it with other like-minded people.

Judy Johnston
Eugene-Springfield Newsletter Editor

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confronted the invading forces of the French Emperor Napoleon III, who thought the time had come to expand his empire to the Americas, while his promonarchist Mexican supporters saw the chance to destroy the fledgling Republic headed by Benito Juarez. Thus, the Battle of Puebla, on Cinco de Mayo, became one of the most significant dates in Mexican history.

OLLI-UO member **Ilene O'Malley** follows up on her highly successful short course on the Mexican Revolution with this single-session lecture. O'Malley has a PhD in history from the University of Michigan with a specialization in Latin America, and lived and studied in Mexico on a Fulbright Scholarship.

International Relations: Field Trip to the Nobel Peace Park

Wednesday, May 3, 10:00 a.m.

All OLLI-UO members are invited to tour the Nobel Laureate Peace Park. The tour will be led by **John Attig**, founder of the project creating the first ever U.S. peace park honoring 24 American winners of the Nobel Peace Prize. They ended wars, prevented others, aided war victims, and saved millions of lives. The field trip is an opportunity to learn more about our nation's internationally recognized peace makers. Instead of meeting at the Downtown Baker Center, travel directly to the main entrance of Alton Baker Park north of the Duck Pond for the 10:00 a.m. start. Contacts: John Attig, jnhattig@efn.org or Randall Donohue, donohue46@gmail.com (mobile phone 805-501-8686.)

Two 1930s-era Musicals Top the Line-up of New Film Series Offerings

Monday, May 8 and 15, 1:30 p.m.

Gold Diggers of 1933 and *Top Hat* are the May selections of the new Film Series, *With a Song in My Heart*. All 12 outstanding musicals will be screened on second and/or fourth Mondays.

The series' summer films are:

June 12 and 26: *Easter Parade* and *An American in Paris*

July 10 and 24: *Singing in the Rain* and *Seven Brides for Seven Brothers*

August 14: *The King and I*

More information is available at the OLLI-UO website and online calendars.

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Eugene/Springfield

1 Monday

9:30 a.m. Creative Writing Critique [study group] Facilitator: Livvie Taylor-Young (CN)

12:15 p.m. Beginning Spanish [study group] Contact: Sara Michener (BZ)

1:30 p.m. Adventures of a Ballet Historian [lecture] Presenter: Dr. Marian Smith (AK/MX)

3:15 p.m. French Language [study group] Facilitator: Elaine deMartin Webster (CN)

2 Tuesday

10:00 a.m. Understanding Science [DVD study group] Your Place on Earth—Dance and Spin. Facilitators: Barbara Nagai and Mike Rose (AK)

11:30 a.m. Writing as Discovery [short course, session 2 of 6] Instructor: George Kaufman (CN)

11:45 a.m. Brown Bag Opera: [interest group] Met Opera HDTV broadcast of "Der Rosenkavalier " Facilitator: Phyllis Villec (AK)

3 Wednesday

10:00 a.m. International Relations [study group] Nobel Peace Park Field Trip. Tour guide: John Attig (off-site)

1:30 p.m. The History of the Battle of Puebla on Cinco De Mayo [lecture] Presenter: Ilene O'Malley (AK/MX)

3:30 p.m. Interpretive Play Reading [study group] Facilitators: Iona Walker and Jack Bennett (CN)

4 Thursday

9:30 a.m. Classics/Philosophy [book group] *The Metaphysical Club* by Louis Manand. Facilitator: Paul Holbo (CN)

9:30 a.m. Poetry on Wheels: Writing and Speaking [study group] Facilitator: Charles Castle (BZ)

11:45 a.m. Thinking Allowed [discussion group] Closing Military Bases. Interim Facilitator: Jerry Brule (CN)

1:30 p.m. Short Story Discussions

[study group] "The Bears" by Sarah Shun-Lien Bynum and "The Great Silence" by Ted Chiang, from *The Best American Short Stories of 2016*, edited by Junot Díaz. Facilitator: Shiela Pardee (CN)

3:15 p.m. Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)

3:15 p.m. Italian Language [study group] Facilitator: Lee Altschuler (BZ)

5 Friday

9:30 a.m. Membership, Promotions and Awards Committee [monthly meeting] Co-Chairs Betty Hosokawa and Antonia Lewis (PT)

8 Monday

9:30 a.m. Philosophy Salon [study group] The American Mind: Mass Culture and Mass Consumption; Integration and Separation. Facilitators: Byron Chell, Lorraine Ironplow and Dennis Lawrence (CN)

11:45 a.m. Solutions [discussion group] Species Extinction. Facilitator: Jerry Brule (CN)

Noon—Meditation Series [short course] Facilitator: Janice Friend (MX)

12:15 p.m. Beginning Spanish [study group] Contact: Sara Michener (BZ)

1:30 p.m. With a Song in my Heart: Great Hollywood Musicals [film series] *Gold Diggers of 1933*. Introduced by John Attig (AK/MX)

3:15 p.m. French Language [study group] Facilitator: Elaine deMartin Webster (CN)

9 Tuesday

11:30 a.m. Writing as Discovery [short course, session 3 of 6] Instructor: George Kaufman (CN)

2:00 p.m. Kitchen Chemistry [lecture] Presenter: Nancy Mills (AK/MX)

10 Wednesday

9:30 a.m. Program Committee [monthly meeting] Chair: Steve Koller (MX)

10:00 a.m. Historical Novels and Nonfiction [book group] *A Hundred Flowers* (fiction) by Gail Tsukiyama. Facilitator: Joyce Churchill (CN)

11 Thursday

9:30 a.m. News and Views [discussion group] Group Facilitated (CN)

1:30 p.m. Music Appreciation [DVD study group] World Music. Facilitator: Dennis Lawrence (CN)

3:15 p.m. Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)

3:15 p.m. Italian Language [study group] Facilitator: Lee Altschuler (BZ)

15 Monday

9:30 a.m. Creative Writing Critique [study group] Facilitator: Livvie Taylor-Young (CN)

12:15 p.m. Beginning Spanish [study group] Contact: Sara Michener (BZ)

1:30 p.m. Celebrating the Pulitzer Centennial: *Life on Mars* by Tracy Smith [lecture, session 1 of 2] Presenter: David Kolb (AK/MX)

3:15 p.m. French Language [study group] Facilitator: Elaine deMartin Webster (CN)

16 Tuesday

10:00 a.m. Understanding Science [DVD study group] Physics in Your Life: The Light Fantastic; Nuclear Matters. Facilitators: Barbara Nagai and Mike Rose (AK/MX)

11:30 p.m. OLLI Hearth [pop-up social] (CN)

2:00 p.m. Heart of Dixie: Mexicans in the U.S. South Since 1910 [lecture] Presenter: Dr. Julie Weise (AK/MX)

17 Wednesday

9:30 a.m. International Relations [study group] Angela Merkel—A Leadership Profile. Co-Facilitators: Bill Taliaferro and Randall Donohue. Presenter Helene-Carol Brown (AK/MX)

Eugene/Springfield

1:30 p.m. Celebrating the Pulitzer: *Life on Mars* by Tracy Smith [lecture, session 2 of 2] Presenter: David Kolb (AK/MX)

3:30 p.m. Interpretive Play Reading [study group] Facilitators: Iona Walker and Jack Bennett (CN)

18 Thursday

9:30 a.m. Poetry on Wheels: Writing and Speaking [study group] Facilitator: Charles Castle (BZ)

11:45 a.m. Thinking Allowed [discussion group] Immigration Reform. Facilitator: Jerry Brule (CN)

1:30 p.m. Short Story Discussions [study group] "The Flower" by Louise Erdrich, and "The Letician age" by Yalitz Ferreras from *The Best American Short Stories of 2016*, edited by Junot Díaz

3:15 p.m. Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)

3:15 p.m. Italian Language [study group] Facilitator: Lee Altschuler (BZ)

22 Monday

9:30 a.m. Philosophy Salon [study group] The American Mind: The Rebellion of the Privileged; The Neo-Conservatives. Facilitators: Byron Chell, Lorraine Ironplow, and Dennis Lawrence (CN)

11:45 a.m. Solutions [discussion group] Technology: Good or Bad? Facilitator: Jerry Brule (CN)

12:15 p.m. Beginning Spanish [study group] Contact: Sara Michener (BZ)

1:30 p.m. With a Song in My Heart: Great Hollywood Musicals [film series] *Top Hat*. Introduced by John Attig (AK/MX)

3:15 p.m. French Language [study group] Facilitator: Elaine deMartin Webster (CN)

23 Tuesday

11:30 a.m. Writing as Discovery [short course, session 4 of 6] Instructor: George Kaufman (CN)

2:00 p.m. Why Plato Says Democracy Leads to Tyranny—And Why You Should Worry He May Be Right [lecture] Presenter: David Kolb (AK/MX)

24 Wednesday

10:00 a.m. Historical Novels and Nonfiction [book group] *A Hundred Flowers* (fiction) by Gail Tsukiyama. Facilitator: Joyce Churchill (CN)

11:00 a.m. Governing Council [monthly meeting] President: Randall Donohue

25 Thursday

9:30 a.m. News and Views [discussion group] Group Facilitated (CN)

1:30 p.m. Music Appreciation [DVD study group] World Music. Facilitator: Dennis Lawrence (CN)

3:15 p.m. Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)

3:15 p.m. Italian Language [study group] Facilitator: Lee Altschuler (BZ)

30 Tuesday

10:00 a.m. Understanding Science [DVD study group] Physics in Your Life: Physics in Your Body; Your Place in the Universe. Facilitators: Barbara Nagai and Mike Rose (AK/MX)

11:30 a.m. Writing as Discovery [short course, session 5 of 6] Instructor: George Kaufman (CN)

Locations

All meetings are held at Baker Downtown Center, 975 High Street, unless otherwise stated.

Key

AK = Alaska Room
MX = Mexico Room
CN = Canada Room
BZ = Belize Room
PT = Patagonia Room
TBA = To Be Announced

Renewals

Mail renewals and membership applications to:

OLLI-UO Eugene Springfield
1277 University of Oregon
Eugene, OR 97403-1277

Or drop them off at the office:
975 High Street, Eugene

Questions?

Call 541-346-0697

Grid calendars available in the office or online at <http://osher.uoregon.edu>

OLLI Staff Contacts:

OLLI-UO Program Director:
Ruth Heller, 541-346-0697

Administrative Program Assistant:
Ann Kokkeler, 541-346-0697

OLLI Committee Contacts:

Council President:
Randall Donohue,
donohue46@gmail.com

Program Committee:
Stephen Koller,
cskoller14@gmail.com

Membership, Promotions and Awards:
Betty Hosokawa, 541-683-1907

Eugene-Springfield Editor:
Judy Johnston,
enchantedbyways@gmail.com

Eugene/Springfield

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Kitchen Chemistry

Tuesday, May 9, 2:00–4:00 p.m.

From making the perfect hard-boiled egg to making perfect gravy or fudge, a little knowledge of chemistry will avoid many kitchen disasters. This course assumes a bit of high school chemistry, but if your chemistry background is in the distant past, OLLI-UO member and retired professor **Nancy Mills** also will fill in the gaps.

We will start with the chemistry of eggs, moving from how to make a hard-boiled egg that is both pretty and edible, to the use of eggs in hollandaise sauce and meringues, to the chemistry of flour (how to avoid lumpy gravy) and why one needs to knead bread, and will finish with perfect fudge.

Mills was professor emeritus at Trinity University in San Antonio. After retiring in 2015, she and her husband moved to Eugene to enjoy the outdoors.

Historical Novels Group Announces First Novel of New Season

Wednesday, May 10 and May 24, 10 a.m.

A Hundred Flowers, a novel by Gail Tsukiyama, will be the first book in a new season of great reading for the Historical Novels group.

Nonfiction and fiction selections for summer include:

June: *The Bad-Ass Librarians of Timbuktu*, by Joshua Hammer (NF)

July: *Under the Wide and Starry Sky*, by Nancy Horan (F)

August: *West with the Night*, by Beryl Markham

Look for coming months' selections in the Eugene-Springfield calendar listings on our website.

Celebrating the Pulitzer Prize Centennial: *Life on Mars*

Monday, May 15, and Wednesday, May 17, 1:30–3:30 p.m.

In this final selection of Pulitzer Prize books, we will discuss Tracy Smith's *Life on Mars*, a volume of poetry that won a Pulitzer Prize in 2012. OLLI-UO member and retired philosophy professor **David Kolb** will introduce the book and lead the discussion.

Heart of Dixie: Mexicans in the U.S. South Since 1910

Tuesday, May 16, 2:00–4:00 p.m.

Why are there so many Mexican immigrants in the United States, and why are so many of them undocumented? In this talk, **Julie M. Weise**, an associate professor of history at the University of Oregon, will help us answer this question. Her presentation will discuss the history of Mexican immigration to the United States, the factors that have brought so many here, and legal changes that have left so many vulnerable to deportation. She also will be happy to engage in conversation about the Trump administration's policies towards Mexico and Mexican immigration. Weise received her PhD from Yale University and has been at UO since 2003.

International Relations: Angela Merkel—A Leadership Profile

Wednesday, May 17, 9:30 a.m.

Presenter **Helene-Carol Brown** will cover Angela Dorothea Merkel from a biographical perspective, setting the stage for group discussion of

Germany's domestic and foreign policies including migrants and refugees, relations with the US, China, Russia, Turkey, and the European Union. Research historian and teacher, Brown has published three historical novels. She is fascinated by the life of Merkel, one of the most important leaders in the world today.

Why Plato Says Democracy Leads to Tyranny—And Why You Should Worry He May Be Right

Tuesday, May 23, 2:00–4:00 p.m.

The *Republic* is a Socratic dialogue, written by Plato around 380 BCE, concerning justice, the order and character of the just city-state and the just man. It is Plato's best-known work, and has proven to be one of the world's most influential works of philosophy and political theory, both intellectually and historically.

In this lecture and discussion session, OLLI-UO member and retired philosophy professor, **David Kolb**, will concentrate on what Plato has to say about what happens when the city ruled by philosopher kings decays, falling into a series of lesser political structures ending up in a democracy which leads to tyranny. What interests Kolb is the characterization of democracy and why Plato thinks it leads to tyranny. We will examine his arguments and see if they apply to the present day or not.

Required reading: a short paper to be distributed to participants before the session.

Suggested reading: Plato, *Republic*, book 8 and book 9

Eugene/Springfield

OLLI-UO is listening to you

Great things are happening at OLLI-UO Eugene-Springfield: stimulating classes, friendly get-togethers, and exciting special events that make our programs stronger and better. How can we keep up the momentum and continue to grow and improve our experiences? The answer is—you.

With more than 16,000 combined years of talent and experience, OLLI-UO's current membership is a vibrant social and intellectual community. Sharing your talent and input makes us even stronger.

The recently formed marketing/communications committee of OLLI-UO is focused on supporting membership growth, engaging more of our members in interesting programs, strengthening our organization's relationship with the university while taking full advantage of the resources UO can offer our members. Please help us.

Some of the ways you can help OLLI-UO get the word out:

- Join the marketing/communications committee on the second Thursday of the month, and bring your great ideas, skills, or enthusiasm;
- Volunteer to become an OLLI-UO Ambassador, helping to widen our audience, possibly by sharing your own OLLI-UO story.

Please stop by our next committee meeting, 2:30–3:00 p.m. Thursday, May 11, to share your ideas and suggestions. If you have any questions, e-mail Mike DeLuise, deluisem@mac.com.

Volunteers Create OLLI-UO Eugene-Springfield Programming Database

OLLI-UO members in Eugene-Springfield have a handy new resource for researching OLLI's past lectures and courses. Thanks to OLLI-UO volunteers, members now have access to a database that enables sorting previous programs by subject, presenter, date, program title, and other relevant information.

Recently, volunteers entered information for more than 1,250 programs in Eugene-Springfield covering the years from 2007 through 2016, gathering information from past newsletters. These volunteers contributed more than 100 hours of time to develop the spreadsheet database, according to Program Committee Chair Stephen Koller and Co-Chair Gayle Semrad.

Access to this data will prove to be an invaluable resource for future program development and reporting, Koller said. The ongoing maintenance of the database will be the responsibility of the Program Committee. Eugene-Springfield Council President Randall Donohue expressed his appreciation to all of the volunteers who gave their time to this effort, underscoring the importance of member contributions such as this.

Volunteers Needed

The Eugene-Springfield Membership Committee is looking for additional members to help in the committee's work of welcoming new members and orienting them to the program. The committee also hosts social activities for the members and assists in greeting visitors for our public events.

Committee meetings are held at the UO Baker Downtown Center, 9:30 a.m., on the first Friday of each month.

ACADEMIC EXTENSION
Osher Lifelong Learning Institute
1277 University of Oregon
Eugene, OR 97403-1277

Learning Circle

Monthly Schedule

Monday

- 9:30 a.m. Creative Writing Critique:
first and third weeks.
- 9:30 a.m. Philosophy Salon: second
and fourth weeks
- 11:45 a.m. Solutions: second and
fourth weeks.
- 12:15 p.m. Beginning Spanish: weekly.
- 1:30 p.m. Film Series: second and
fourth weeks.
- 3:15 p.m. French Language: weekly.

Tuesday

- 10:00 a.m. Understanding Science:
first, third, and fifth weeks
- 11:45 a.m. Brown Bag Opera; first
Tuesdays.

Wednesday

- 9:30 a.m. International Relations:
first and third weeks.
- 10:00 a.m. Historical Novels and
Nonfiction: second and fourth
weeks.
- 3:30 p.m. Interpretive Play Reading:
first and third weeks.

Thursday

- 9:30 a.m. Classics/Philosophy:
first Thursday
- 9:30 a.m. News and Views: second
and fourth weeks.
- 9:30 a.m. Poetry on Wheels: first
and third weeks
- 11:45 a.m. Thinking Allowed: first
and third weeks
- 1:30 p.m. Short Story Discussions:
first and third weeks.
- 1:30 p.m. Music Appreciation:
second and fourth weeks.
- 3:15 p.m. Spanish Conversation:
weekly.
- 3:15 p.m. Italian Language: weekly.

Osher Lifelong Learning Institute at the University of Oregon

Active Minds for Active Lives
<http://osher.uoregon.edu>

Announcements

Oregon Sage has a new volunteer editor for Eugene-Springfield, **Judy Johnston**. She was a journalist for about 20 years, as a reporter and editor for daily newspapers and later as communications director for not-for-profits and for the University of New Mexico Health Sciences Center. She then was called to teaching and taught high school journalism and English for 16 years before retiring and moving to Oregon, where she enjoys hiking, painting, kayaking, and attending events at OLLI-UO.

Eugene-Springfield members may submit their news copy for the June edition directly to Judy at: enchantedbyways@gmail.com

Please remember that the copy submission deadline is noon on the first Friday of each month. The submission deadline for the June edition is Friday, May 5.