CENTRAL OREGON—Stretching for Your Health
A FRED talk (Functionally Relevant Educational Discussion)
Tuesday, December 8, 1:30–3:30 p.m.
As people age, the most important physical attribute is range of motion and flexibility; it becomes more important to comfortably put on our shoes than it is to do 50 pushups. Stretching provides length to muscles, tendons, ligaments, organs, vascular structures, the central and peripheral nervous system, and even bones. Based on the observation of patients during his two decades of practice and 40,000 patient visits, James Toffolo, N.D., P.T. has created “The Top 10 Stretches.”

Join James Toffolo, a naturopathic doctor, physical therapist and cofounder of The Good Health Medical Group in Redmond, to learn and practice 10 stretches that help in the process of flexible aging. Toffolo believes that the four attributes of physical health are: cardio-respiratory, strength, flexibility, and balance. He integrates a combination of lifestyle education, botanical medicine, homeopathy, hands on medicine, patient empowerment, and western medicine into his practice.

continued on page 2

EUGENE/SPRINGFIELD—Art in Cartoons
Tuesday, December 1, 1:00–2:30 p.m.
“I don’t know anything about art—but I know what I like!” For those who have appreciated our afternoon series about art and artists, join Helene-Carol Brown for a December session that will wrap up the year with a look at art in cartoons. We should get a few giggles seeing what cartoon artists think of Picasso, Michelangelo, and others. And if you find abstract art to be incomprehensible, you will enjoy what we have chosen for a laugh or two over Jackson Pollock and his fellow modernists.

We can finish the session with a survey of your favorite artists, paintings, and sculptures, as well. Members are encouraged to bring in a photo or other picture of your favorite work and share what it is that makes the piece your favorite. And if you have a favorite cartoon about art, bring that in, too. This should be a fun session exploring the lighter side of art history.

OLLI-UO Short Course: James Tiptree Jr., The Women Men Don’t See
Tuesday, December 1, 3:00–4:30 p.m.
The third and last class in the short course taught by Professor Carol Stabile will be held on Tuesday, December 1. For each class

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Central Oregon

OLLI-CO Special Announcement

Annual Meeting Announcement The Annual membership meeting will be held after the morning history class on Wednesday, December 9 at 12:15 p.m. at the UO Bend Center. An update on Council activities and budget will be presented, followed by a question-and-answer period. Additionally, the results of the electronic balloting for new Council members will be announced. All members are encouraged to attend.

Governing Council Nominations Through September and October, the Council has acted as a nominating committee to draft nominations for the 2015-2016 Council and receive nominations submitted by the membership. Current Council member Elisabeth Farwell will be serving the second year of her second term. Council members Pat Ackley and Steve Hussey will be serving the second year of their first term. Council member Jim Hammond is completing his first term and is nominated for a second term. Council member Linda Redeker was appointed to the Council last February and is nominated for a first term. Members Richard Jenkins, Jeff Nelson, and Joyce Pickersgill are newly nominated for Council. Current Council President Bill McCann is not seeking re-election but will serve on the Council as past President ex-officio, per the bylaws. Elections will be conducted via electronic balloting between November 16 and December 4. Members should have already received instructions on the electronic balloting procedures. The results of the balloting will be calculated by OLLI-UO and verified by two Council members who are not up for election. The newly seated Council will elect its officers at the Friday, December 18 Council meeting. Any member may also make nominations to the Council by submitting a written nomination to the Council prior to November 16. A nominee must agree in advance to serve and must be present at the Annual Meeting.

Come dressed to stretch with athletic shoes and sweats/yoga pants. This is a participatory program in which we’ll practice the stretches—paying attention to form and posture to get the most benefit from each stretch—and we’ll leave with a worksheet for reference at home.

Class is limited to 25 people so that there’s space for everyone to move. Register with Heather Inghram at the UO Bend Center office or by calling 541-728-0685.

Digging for Dinosaurs in Mongolia’s Gobi Desert Tuesday, December 1, 2:00–3:30 p.m.

In July 2014, Martha Lussenhop was invited to join a group to hunt for dinosaur fossils in the Gobi Desert of Mongolia. The photos show group members hunting and excavating dinosaur bones at sites, including the Flaming Cliffs where Roy Chapman Andrews and his team from the American Museum of Natural History first found dinosaur bones and eggs in the 1920s.

The presentation also includes glimpses of urban and nomadic life in Mongolia today, with the adoption of modern means of transportation and communication. The country’s long and complex history will be touched on, highlighting today’s renewed influence of Genghis Khan following the end of Soviet rule in the early 1990s. As a new democracy is evolving, the old traditions are being fully expressed again in athletic events and cultural arts festivals, and these are also depicted.

Martha has a BA in anthropology and an MS in zoology from the University of Wisconsin. She worked in the Education Department of the Field Museum of Natural History as the geology instructor, designing and leading programs on rocks, geologic processes, and prehistoric life. Dinosaurs were the highlight of tours, so she learned how new understandings of fossil bones can reveal an animal’s physiology and behavior as well as anatomy.

Join Martha and OLLI-CO for this dinosaur armchair traveler presentation.
Finding Fremont: Pathfinder of the West
Friday, December 4, 1:30 p.m.
Des Chutes Historical Museum, 129 NW Idaho Ave
Join OLLI-CO at the Des Chutes Historical Museum and “discover the story of John C. Fremont and his expedition through Central Oregon in 1843-44. An unlikely hero, Fremont’s mapping expeditions provided maps for emigrants on The Oregon Trail and beyond, launching him to fame, fortune, and a bid for president of the U.S. The exhibit features archaeological evidence of the party’s route, artifacts on loan from seven different collections, and the Fremont howitzer abandoned in the Sierra Nevada winter of 1844.”
(http://www.deschuteshistory.org)
Loren Irving, Fremont expert and photographer from Bend, will speak to us prior to viewing the exhibit. Irving has been tracking Fremont in Oregon and Nevada since 2008. He followed Fremont’s path, starting at the Columbia—where Fremont began—and traced his passage through Oregon using Fremont’s published journal and coordinates. Irving located all 32 of his campsites including Shavelin, Metolius, and Dillon Falls, taking photos along the way that are part of the current museum exhibit.

There is a limit of 40 people and a cost of $5 per person for entry to the museum; there is no charge to museum members. Register with Heather Inghram at the UO Bend Center office or by calling 541-728-0685.

Armchair Travel: Ecuador and the Galapagos
Monday, December 14, 1:30–3:30 p.m.
Ecuador is home to over 132 species of hummingbirds grouped into 57 genera, representing almost half of all hummingbirds found worldwide—the most of any country.

The Galapagos Islands lie off the west coast of Ecuador, an archipelago of 13 major and seven smaller islands. Located at the confluence of three ocean currents, the Galápagos are a melting pot of marine species. Ongoing seismic and volcanic activity reflects the processes that formed the islands. These processes—together with the extreme isolation of the islands—led to the development of unusual animal life such as the land iguana, the giant tortoise, and many species of finch, that inspired Charles Darwin’s theory of evolution by natural selection following his visit in 1835.

Join Jeanne Freeman and Burt Litman on their 14-day journey from the Ecuadoran Cloud Forest’s hummingbirds to the Galapagos’ array of unique land and aquatic creatures.

First Tuesday Lunch
Greg’s Grill, Old Mill Tuesday, December 1, Noon
If you are looking for an opportunity to get to know your friends from OLLI outside of the classroom, there’s no better time than at the First Tuesday Lunch. Held each month, the lunch is an informal occasion for conversation and connection. Reservations are required so that we can accommodate attendees. To make your reservation, e-mail Barbara Jordan at bjordan@bendbroadband.com.

Nonfiction Book Group:
The Boys in the Boat
Tuesdays, December 1 and 15, 10:00 a.m.–noon
The Boys in the Boat celebrates the 1936 U.S. men’s Olympic eight-oar rowing team—nine working class boys who stormed the rowing world, transformed the sport, and galvanized the attention of millions of Americans.

The sons of loggers, shipyard workers, and farmers from the American West, the boys took on and defeated successive echelons of privilege and power. They vanquished the rowers of elite eastern universities; they defeated the teams from Oxford and Cambridge. And finally, in an extraordinary race in Berlin, they stunned the Nazi state as they rowed for gold in front of Adolf Hitler.

And even as it chronicles the boys’ collective achievement, The Boys in the Boat is also the heart-warming story of Joe Rantz. Cast aside by his family at an early age, abandoned and left to fend for himself, he rows not just for glory, but to regain his shattered self-regard, to dare again to trust in others, and to find his way back to a place he can call home.
(http://www.danieljamesbrown.com)
Facilitator: Chuck Cruikshank

Page-turners Fiction Book Group:
All the Light We Cannot See
Tuesday, December 8, 10:00 a.m.–noon
Marie-Laure and her father live in Paris near the Museum of Natural History, where he is the master of its thousands
<table>
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<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>1 Tuesday</td>
<td>10:00 a.m.</td>
<td>Nonfiction Book Group [book group] <em>The Boys in the Boat</em> by Daniel James Brown. Facilitator: Chuck Cruikshank (UOBC)</td>
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<td></td>
<td>Noon</td>
<td>Round Table Luncheon—Greg’s Grill in the Old Mill District [social] For reservations, contact Barbara Jordan, 541-385-6935 or <a href="mailto:bjordan@bendbroadband.com">bjordan@bendbroadband.com</a>. Space is limited.</td>
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<td></td>
<td>2:00 p.m.</td>
<td>Armchair Travel: Digging for Dinosaurs in Mongolia’s Gobi Desert [lecture] Presenter: Martha Lussenhop (UOBC)</td>
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<td>2 Wednesday</td>
<td>10:00 a.m.</td>
<td>Understanding Cultural and Human Geography [DVD study group] <em>Cultural Commodification and Culture, Power, and the Politics of Meaning</em>. Facilitator: Russ Hopper (UOBC)</td>
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<td>3 Thursday</td>
<td>9:30 a.m.</td>
<td>Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC)</td>
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<td>1:30 p.m.</td>
<td>A New History of Life [DVD study group] <em>These Limbs Were Made for Walking? Tiktaalik—the Search for a Fishapod</em>. Facilitator: Jim Hammond (UOBC)</td>
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<tr>
<td>4 Friday</td>
<td>1:30 p.m.</td>
<td>Finding Fremont: Pathfinder of the West [lecture] Presenter: Loren Irving (Des Chutes Historical Museum) museum entry: $5 per person</td>
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<td>5:00 p.m.</td>
<td>Electronic Voting for OLLI-UO in Central Oregon Council Ends</td>
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<td>7 Monday</td>
<td>No OLLI-UO in Central Oregon Programs Scheduled</td>
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<tr>
<td>8 Tuesday</td>
<td>10:00 a.m.</td>
<td>Page-turners Book Group [book group] <em>All the Light We Cannot See</em> by Anthony Doerr. Facilitator: Jeanne Freeman (UOBC)</td>
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<td></td>
<td>1:30 p.m.</td>
<td>Stretching for Your Health: A FRED Talk [lecture/workshop] Presenter: James Toffolo, ND, PT (UOBC)</td>
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<tr>
<td>9 Wednesday</td>
<td>10:00 a.m.</td>
<td>Understanding Cultural and Human Geography [DVD study group] <em>The Geopolitical Imagination and Regionalism and the Rise of New States</em>. Facilitator: Russ Hopper (UOBC)</td>
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<td></td>
<td>12:15 p.m.</td>
<td>Annual Meeting [member event] Facilitators: OLLI-UO Central Oregon Council (UOBC)</td>
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<tr>
<td>10 Thursday</td>
<td>9:30 a.m.</td>
<td>Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC)</td>
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<td></td>
<td>1:30 p.m.</td>
<td>A New History of Life [DVD study group] <em>Carboniferous Giants and Coal and Amniotes—The Shape of Things to Come</em>. Facilitator: Jim Hammond (UOBC)</td>
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<tr>
<td>14 Monday</td>
<td>1:30 p.m.</td>
<td>Armchair Travel: Ecuador and the Galápagos [lecture] Presenters: Burt Litman and Jeanne Freeman (UOBC)</td>
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<tr>
<td>16 Wednesday</td>
<td>10:00 a.m.</td>
<td>Understanding Cultural and Human Geography [DVD study group] <em>Supranationalism: Taking on Big Problems and Future Geographies</em>. Facilitator: Pat Ackley (UOBC)</td>
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<td></td>
<td>12:30 p.m.</td>
<td>Annual Holiday Party [member event] (UOBC)</td>
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<tr>
<td>17 Thursday</td>
<td>9:30 a.m.</td>
<td>Writers’ Bloc [study group] Facilitator: Carolyn Hammond (UOBC)</td>
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<td></td>
<td>1:30 p.m.</td>
<td>A New History of Life [DVD study group] <em>Permian Extinction—Life’s Worst Catastrophe and Finding the Killer—The Greenhouse Earth</em>. Facilitator: Jim Hammond (UOBC)</td>
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<tr>
<td>18 Friday</td>
<td>10:30 a.m.</td>
<td>OLLI-UO in Central Oregon Governing Council [monthly meeting] (UOBC)</td>
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### Central Oregon

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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| 21 Monday | Olli-Uo in Central Oregon  
Winter Break                                      |
| 22 Tuesday | Olli-Uo in Central Oregon  
Winter Break                                      |
| 23 Wednesday | Olli-Uo in Central Oregon  
Winter Break                                      |
| 24 Thursday | UO Bend Center and Academic  
Extension Closed for Holidays                                      |
| 25 Friday | UO Bend Center and Academic  
Extension Closed for  
Christmas Holiday                                      |
| 28 Monday | Olli-Uo in Central Oregon  
Winter Break                                      |
| 29 Tuesday | 1:30 p.m. Program Committee  
[monthly meeting] Chair: Helen Pruitt (UOBC)                                      |
| 30 Wednesday | Olli-Uo in Central Oregon  
Winter Break                                      |
| 31 Thursday | UO Bend Center and Academic  
Extension Closed for  
New Year's Holiday                                      |

### Locations
All meetings are held at the UO Bend Center, 80 NE Bend River Mall Drive, unless otherwise stated.

### Key
- UOBC = UO Bend Center
- TBA = To Be Announced

### Parking at the UO Bend Center
OLLI members and their guests may use the shopping mall parking spaces adjacent to the UOBC when attending OLLI meetings and classes. Please note that the parking lot in front of the Duck Store should be left open for the store’s customers.

OLLI attendees needing accessible parking may use the designated space in front of the Duck Store.

During the winter months, OLLI members and their guests may park in the Duck Store lot if snow and ice have not been plowed from the shopping mall parking lot.

### Questions?
Call 800-824-2714  
Grid calendars available from the office or online at [http://osher.uoregon.edu](http://osher.uoregon.edu)  
Central Oregon Editor:  
Jeanne Freeman, 541-504-5368  
jgfree925@gmail.com

### Renewals
Mail renewals and membership applications to:  
OLLI-UO Central Oregon  
1277 University of Oregon  
Eugene, OR 97403-1277  
Or call the OLLI-UO office to renew, 800-824-2714

### UO Staff Contacts:
- OLLI-UO Program Director: Ruth Heller, 800-824-2714  
- Administrative Program Assistant: Ann Kokkeler  
- UO Bend Center office: 541-728-0685  
- UO Academic Extension Program Coordinator, Heather Inghram

### OLLI Committee Contacts:
- Council President: Bill McCann, 541-728-0262, or bmccann@bendbroadband.com  
- Program Chair: Helen Pruitt, 541-382-7827, or hpruit@aol.com  
- Membership Chair: Burt Litman, 541-504-5368, or bjltman@gmail.com  
- Hospitality Chair: Terry Schwab, 650-619-0300, or terry_schwab@yahoo.com
Central Oregon

Learning Circle

Monthly Schedule

**Tuesday**
10:00 a.m. Page-turners Fiction Group: second week.
10:00 a.m. Nonfiction Book Group: first and third weeks.
Noon First Tuesday Luncheon at Greg’s Grill in the Old Mill District

**Wednesday**
10:00 a.m. Understanding Cultural and Human Geography: weekly.

**Thursday**
9:30 a.m. Writer’s Bloc: weekly.
1:30 p.m. A New History of Life: weekly.

We welcome member proposals for study or discussion groups! Share your interests and expertise with other members or explore a new topic together. Contact the OLLI-UO office, or the Central Oregon Program Chair, if you’re interested in proposing or leading a new group.

OLLI-UO in Central Oregon will be on Winter Break from Monday, December 21 through Friday, January 31. Please refer to the schedule on pp 4-5 for the December study and discussion group meeting times and dates.

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of locks. Marie-Laure goes blind at age six, and her father builds a perfect miniature of their neighborhood for her to memorize and navigate her way home. When she is 12, the Nazis occupy Paris and father and daughter flee to Saint-Malo, where a reclusive great-uncle lives by the sea. With them they carry what might be the museum’s most valuable and dangerous jewel.

In a mining town in Germany, the orphan Werner grows up with his younger sister, enchanted by a crude radio they find. Werner becomes an expert at building and fixing radios, a talent that wins him a place at a brutal academy for Hitler youth, then a special assignment to track the resistance. Werner travels through the heart of the war and, finally, into Saint-Malo, where his story and Marie-Laure’s converge.

Deftly interweaving the lives of Marie-Laure and Werner, Doerr illuminates the ways people try to be good to one another. Winner of the Pulitzer Prize, *All the Light We Cannot See* is a magnificent, deeply moving novel from a writer whose sentences never fail to thrill. (from Amazon.com)

**Facilitator: Jeanne Freeman**

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**OLLI-CO Annual Holiday Party Announcement!**

Wednesday December 16, 2015, 12:30–2:30 p.m., UO Bend Center

The holiday season is once again upon us and that means it’s time for the Annual Holiday Party! Join your fellow OLLI members in recapping our wonderful 2015 programming, discussing goals and activities for 2016, and getting to know our newly elected Council members.

In the coming weeks, we will solicit your help in planning the party. We need volunteers to bring food and drinks, help with a trivia quiz, set up decorations, clean up, and more.

If you have any questions or want to volunteer, contact Terry Schwab at terry_schwab@yahoo.com or 650-619-0300.

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**Coming in January**

**Monarchy with David Starkey: Part Two**

Wednesdays, begins January 6, 2016, 10:00 a.m.—noon

OLLI-CO begins the second half of the history of the British monarchy covering the reign of Elizabeth I to the present day. Henry VIII’s support of the Church of England over Catholicism set in motion chaotic and often bloody conflicts that continued though several successive monarchs. In the time of Oliver Cromwell, the monarchy was even abolished briefly. The eventual restoration of Church of England as the State “approved” religion, with reasonable tolerance of other faiths, and opened the doors to stability and prosperity that bolstered Great Britain to become the dominant world power in the 1700s.

This informative series is also a beautiful video tour of historic England. If you enjoyed part one last spring, this is a must-see continuation. Newcomers will be easily swept up into the dramas in this epic exploration of the English monarchy.

**Facilitators: Cal Pulis and Mike McAllister**
OLLI-ES President’s Note

Last month Ruth Heller and I attended a national conference for OLLI programs in Charlotte, North Carolina, where I encountered many new ideas, including this: our program turns out to be smaller than most. The annual combined membership total for our two program sites is more than 600 members, but the majority of OLLI programs have more than 1,100 members—and many of those programs are based in college communities smaller than Eugene.

Should we be starting a campaign to grow OLLI-UO membership to reach the average? Or, is the real question not about size but what kind of learning community do we want to create?

Our mix of activities differs from a number of other programs. We have heavily invested our time and classroom space in ongoing peer-led study/discussion groups, plus individual lectures and/or lecture series on different topics. Conversely, other OLLI programs offer several catalogs a year listing many eight-to-10 week courses, plus a few lecture series with unified topics. We have no reason to copy that particular style, but we would benefit from more series or courses that last for several weeks.

This fall we had a short course on the author James Tiptree, Jr. In November we began a longer series of events centered around the novel Station Eleven and the issues it raises. This exploration will continue into winter and spring, and encompass topics from linguistics and anthropology, to seismology and disaster preparedness.

We hope to strengthen our distinctive way of doing things in Eugene, yet also open it up—this is a call for you to help. Tell the Program Committee your ideas and desires for short courses and series lasting three-to-10 weeks. These courses could include seminars, readings, discussions, perhaps films and lecturers on a chosen topic, author, book, art work, art form, dispute, or whatever you think important for us to know, experience, and grow into.

Contact a member of the Program Committee, or drop a message in the Suggestion Box by the classroom door. Together we can make the OLLI-UO experience deeper and more vibrant.

David Kolb, OLLI-UO in Eugene-Springfield Council President

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we have read short stories written by James Tiptree, Jr., who was actually Alice Sheldon using a pen name, from the 1940s to the 1970s. The stories for the December session are “Morality Meat” and “The Screwfly Solution.”

Students from Professor Stabile’s Honors College class on campus bicycle to the UO Baker Downtown Center to join the OLLI members in this class. Perspectives on these science fiction stories come from people 18-years-old to people in their eighties, reading stories that take place in the future.

There are copies of each story in the main OLLI-UO Academic Extension office, to be read there. If you’d rather read at home, and have an e-mail account, send a request to course manager Dina Wills at dw03@lehigh.edu, and she will e-mail you both stories.

Outside of OLLI:
James Tiptree, Jr. Symposium
Friday and Saturday, December 4, starting at 2:30 p.m., December 5, starting at 10:00 a.m.
Lillis Business Complex, Room 182, UO Campus
The University of Oregon Libraries celebrates the acquisition of the James Tiptree, Jr. (Alice B. Sheldon) literary papers with a two-day symposium this December.

The symposium begins with a keynote talk by Tiptree’s biographer, Julie Phillips, and will also feature a panel with other writers, including Ursula Le Guin, Suzy McKee Chamas, and David Gerrold.

Admission to the symposium is free, however, an RSVP is requested:
http://bit.ly/1PEIBbM

Armchair Traveler: Talking Turkey
Wednesday, December 2, 2015 1:00-3:30 p.m.
Jan Moursund, who visited Turkey last September, will share the highlights of her trip with images of mosques and madrassas, of things old and new, from this country of contrasts. Turkey calls itself “the world’s largest museum” and its incredible store of... 

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
<th>Facilitator(s)</th>
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<tbody>
<tr>
<td>Tuesday</td>
<td>10:00 a.m.</td>
<td>Understanding Science [DVD study group] <em>The Nature of Matter: Understanding the Physical World</em>; A New Theory of Matter; The Structure of Atoms and Molecules. Facilitator: John O’Brien (AK/MX)</td>
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<td>1:00 p.m.</td>
<td>Art in Cartoons [lecture]</td>
<td>Helene-Carol Brown (AK/MX)</td>
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<td>3:00 p.m.</td>
<td>Interpretive Play Reading [study group]</td>
<td>Esther Erford (BZ)</td>
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<td>3:00 p.m.</td>
<td><em>James Tiptree Jr., The Women Men Don’t See</em> [short course, session three of three]</td>
<td>Carol Stabile (CN)</td>
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<tr>
<td>Wednesday</td>
<td>9:30 a.m.</td>
<td>International Relations [discussion group] Politics of the Nobel Peace Prize. Facilitator: John Attig</td>
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<td>1:00 p.m.</td>
<td>Armchair Traveler: Talking Turkey [lecture]</td>
<td>Jan Moursund (AK/MX)</td>
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<tr>
<td>Thursday</td>
<td>9:30 a.m.</td>
<td>Classics/Philosophy [book group] <em>The Sorrows of Young Werther</em> by Wilhelm Goethe. Facilitator: Paul Holbo (CN)</td>
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<td>11:30 a.m.</td>
<td>Thinking Allowed [discussion group] If Volkswagen Lies, Who Can You Trust? Facilitator: Chuck Adams (CN)</td>
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<td>1:30 p.m.</td>
<td>Short Story Discussion [study group] “Remember Young Cecil” <em>Intimacy</em> by Hanif Kureishi. Facilitator: Shiela Pardee (CN)</td>
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<td>3:15 p.m.</td>
<td>Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)</td>
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<td>Friday</td>
<td>9:30 a.m.</td>
<td>Membership, Promotions and Awards Committee [meeting]</td>
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<td>11:00 a.m.</td>
<td>Intermediate Spanish [study group] Facilitator: Carolyn Roth (Off-site)</td>
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<td></td>
<td>Noon</td>
<td>January Newsletter Submission Deadline</td>
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<td></td>
<td>3:15 p.m.</td>
<td>Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)</td>
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<td>Monday</td>
<td>9:30 a.m.</td>
<td>Creative Writing Critique [study group] Facilitator: Livvie Taylor-Young (CN)</td>
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<td>12:15 p.m.</td>
<td>Beginning Spanish [study group] Contact: Sara Michener (BZ)</td>
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<td></td>
<td>1:30 p.m.</td>
<td>Special Session Program Committee [meeting] Co Chairs: Beate Galda Dina Wills (CN)</td>
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<td>3:30 p.m.</td>
<td>French Language [study group] Facilitator: Elaine deMartin Webster (CN)</td>
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<td>Tuesday</td>
<td>9:30 a.m.</td>
<td>How Woodpeckers Avoid Headaches [lecture]</td>
<td>Dan Gleason (AK/MX)</td>
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<td></td>
<td>1:30 p.m.</td>
<td>Holiday Celebration [social and program] [AK/MX/CN]</td>
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<tr>
<td>Wednesday</td>
<td>9:30 a.m.</td>
<td>Philosophy Salon [study group] <em>Question of Value</em> Facilitators: Byron Chell, Lorraine Ironplow, and Dennis Lawrence (CN)</td>
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<td></td>
<td>11:45 a.m.</td>
<td>Solutions [discussion group] Scarcity of Water and Desalination. Facilitator: Jerry Brule (CN)</td>
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<td>12:15 p.m.</td>
<td>Beginning Spanish [study group] Contact: Sara Michener (BZ)</td>
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<td></td>
<td>1:00 p.m.</td>
<td>The Struggle For Justice in America [film series] <em>Mr. Smith Goes to Washington</em> Introduced by Linda Jensen (AK/MX)</td>
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<td>3:30 p.m.</td>
<td>French Language [study group] Facilitator: Elaine deMartin Webster (CN)</td>
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<td>Tuesday</td>
<td>10:00 a.m.</td>
<td>Understanding Science [DVD study group] <em>The Nature of Matter: Understanding the Physical World</em>; A New Theory of Matter; The Structure of Atoms and Molecules. Facilitator: John O’Brien (AK/MX)</td>
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<td></td>
<td>Noon</td>
<td><em>Lucia di Lammermoor</em> Preview [lecture] Presenters: Mark Beudert and Andrew Bisantz (AK/MX)</td>
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<td>3:00 p.m.</td>
<td>Interpretive Play Reading [study group] Facilitator: Esther Erford (CN)</td>
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<td>16 Wednesday</td>
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<td>UO Baker Center Classrooms in Use—</td>
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<td></td>
<td>No OLLI-UO Eugene-Springfield Events Scheduled</td>
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<tr>
<td>17 Thursday</td>
<td>9:30 a.m.</td>
<td>Poetry Writing [study group] Facilitator: Gloria Wells (CN)</td>
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<td></td>
<td>11:30 a.m.</td>
<td>Thinking Allowed [discussion group] A Balanced Budget or No Legislative Pay. Facilitator: Chuck Adams (CN)</td>
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<td>1:30 p.m.</td>
<td>Short Story Discussion [study group] &quot;The Stamp-Grubbo&quot; by Torgny Lindgren and &quot;Everything in This Country Must&quot; by Colum McCann. Facilitator: Sheila Pardee (CN)</td>
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<td>3:15 p.m.</td>
<td>Spanish Conversation [study group] Facilitators: Carolin Keutzer and Stan Cook (CN)</td>
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<tr>
<td>18 Friday</td>
<td>9:30 a.m.</td>
<td>Special Session-International Relations [discussion group] Why the USA is Disliked in the World. Facilitator: John Attig (CN)</td>
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<td>11:00 a.m.</td>
<td>Intermediate Spanish [study group] Facilitator: Carolyn Roth (Off-site)</td>
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<td>21 Monday</td>
<td></td>
<td>OLLI-UO Winter Break: No Programs scheduled</td>
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<tr>
<td>22 Tuesday</td>
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<td>OLLI-UO Winter Break: No Programs scheduled</td>
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<tr>
<td>23 Wednesday</td>
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<td>OLLI-UO Winter Break: No Programs scheduled</td>
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<tr>
<td>24 Thursday</td>
<td></td>
<td>OLLI-UO Winter Break: No Programs scheduled</td>
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</table>

**Locations**

All meetings are held at Baker Downtown Center, 975 High Street, unless otherwise stated.

**Key**

AK = Alaska Room
MX = Mexico Room
CN = Canada Room
BZ = Belize Room
TBA = To Be Announced

**Renewals**

Mail renewals and membership applications to:

OLLI-UO Eugene Springfield
1277 University of Oregon
Eugene, OR 97403-1277

Or drop them off at the office: 975 High Street, Eugene

**Questions?**

Call 541-346-0697

Grid calendars available in the office or online at http://osher.uoregon.edu

**OLLI Staff Contacts:**

OLLI-UO Program Director:
Ruth Heller, 541-346-0697

**OLLI Committee Contacts:**

Council President:
David Kolb, 541-345-3110

Program Committee CoChairs:
Dina Wills, 541-687-4784 and Beate Galda, 541-484-3958

Membership, Promotions and Awards:
Betty Hosokawa, 541-683-1907 and Wende Hitchcock, 541-953-4173
Eugene/Springfield

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ancient monuments, castles, and cities lives up to the billing. Travel with her from Istanbul to Van, from Ankara to Antioch, and see what modern and ancient Turkey looks like today.

OLLI member and UO Psychology Professor Emerita Jan Moursund has shared many of her trips to far-off places with us. Please come and enjoy her great photographs and insights.

Brown Bag Opera: Lucia di Lammermoor and Met Broadcasts

Monday, December 7, noon–1:30 p.m. Bring your sandwich plus a handkerchief for this one! We will be discussing the upcoming Eugene Opera production, Lucia di Lammermoor, plus the recent and upcoming Met Live broadcasts. We will also hear famous Lucas of the past and do a little operatic history. Phyllis Villec facilitates.

How Woodpeckers Avoid Headaches

Tuesday, December 8, 2:30–4:00 p.m. Woodpeckers have many fascinating adaptations, including their amazing tongue. How do woodpeckers find their food and how do they use their tongue to extract their food? And, how does a woodpecker keep from getting a headache or concussion while foraging for that food? This program will examine many different adaptations that woodpeckers have to allow their lifestyle. Additionally, it will look at the ways that woodpeckers play a key role to a healthy environment. We will examine these concepts by looking at the woodpeckers found in Oregon and some of their habits.

Dan Gleason, author of Birds!

From The Inside Out, and Looking for Yellowheads, is a retired faculty member of the Biology Department at the University of Oregon, and teaches that department’s Ornithology course each year. Dan has served on the board of directors of Lane County Audubon Society for many years, and is past president of Oregon Field Ornithologists, and volunteers at Cascades Raptor Center in Eugene, providing instruction about birds to their staff, volunteers, and public. He writes a monthly column called “Backyard Habitats” for the Eugene Register-Guard. He is also a frequent guest speaker at schools, clubs, and organizations throughout the Pacific Northwest.

Holiday Celebration!

Wednesday, December 9, 1:30–3:30 p.m. Our annual OLLI Holiday Celebration will be held in all three main rooms. Here you’ll have a chance to talk more with people you may have met briefly during a lecture break or before one of the large study groups started.

We’ll have great food and drink, and a special musical program. Soprano Laura Wayte, faculty from the UO School of Music and Dance, will sing songs based on the poetry of Denise Levertov, one of the great poets of the midtwentieth century. Ms. Wayte, who will be accompanied by a trio of violin, viola, and cello, has been praised for the “lyrical expression and rich tonal quality” of her voice. Her program is taken from her new CD, “Living.”

If you feel like it, wear interesting clothing that might look over-the-top at any other time of year. One woman plans to wear her blue top hat, which usually appears only at the Holiday Market. Join us at the OLLI Holiday Celebration!

UO Common Reading: Station Eleven

Thursday, December 10, noon–1:30 p.m.

In her novel Station Eleven, Emily St. John Mandel tells the story of people seeking meaning and purpose in extreme circumstances. The novel follows a group of actors and their friends both before and after a catastrophic plague that wipes out their way of life and leaves a traveling Shakespeare company struggling to survive and keep the arts alive and relevant.

Her novel transcends the conventions of the apocalyptic disaster novel with superior literary skill, thought-provoking characters and images, and a message for even ordinary days.

The University of Oregon selected St. John Mandel’s novel for this year’s common reading to coincide with the four-hundredth anniversary of Shakespeare’s death. OLLI will hold a series of seminars, lectures, and field trips over the coming months, centering around the novel and the issues it opens up for discussion.

In the second session, David Kolb will lead a group discussion of the novel. In January UO Vice Provost of Undergraduate Studies and Shakespeare scholar Lisa Freinkel will speak on the role and the significance of Shakespeare’s play King Lear in the novel, and in our lives today.

We will also organize a group visit to the UO Jordan Schnitzer Museum of Art while Shakespeare’s 1623 “First Folio” is on campus. Other 2016
sessions will include discussions of the destruction of local Native American culture by disease just as the novel’s plague wipes out our technological world, and our own “Big One,” the Cascadian Subduction Zone and preparing for disasters.

The Struggle for Justice in America: A Hollywood Perspective
Monday, December 14, 1:00–3:30 p.m.
Due to the holidays and the OLLI Winter Break, only one film, Mr. Smith Goes to Washington, will be screened in the month of December. Join us on the second and fourth Mondays in January and February, and on March 14 for the continuation of the series.

Winter term films include: 12 Angry Men, His Girl Friday, Little Big Man, Network, and Gentleman’s Agreement.

Lucia di Lammermoor Preview
Monday, December 15, noon–1:30 p.m.
Special guests Mark Beudert, executive director of the Eugene Opera, and Andrew Bisantz, musical director. As in the past, they will give us a live summary of the Eugene opera production of Lucia di Lammermoor and also answer your questions. This special midday session is not to be missed!

Classics and Philosophy Reading Selections
December: The Sorrows Of Young Werther by Wilhelm Goethe
January: My First Summer In The Sierra by John Muir

Historical Novels and Nonfiction Winter Reading Selections
December: We Band of Angels by Elizabeth Norman
January: Paris: The Novel by Edward Rutherfurd
February: North To The Night by Alvah Simon
March: History of the Rain by Niall Williams

Acknowledgements from OLLI-UO
OLLI-UO thanks the university faculty and community professionals who have so generously shared their expertise with members at one or both of our program sites during 2015.

Faculty
Lindsay Frederick Braun, UO Associate Professor, History
Shaul Cohen, UO Associate Professor, Geography
Scott Coltrane, UO Interim President, Senior Vice President and Provost
Dasa Zeithamova Demircan, UO Assistant Professor, Psychology
Marianna Diaz, National Autonomous University of Mexico
Judith Eisen, UO Professor, Biology
Maram Epstein, UO Associate Professor, Chinese
Dan Gleason, UO, retired, Biology
Richard Herskowitz, UO Director Cinema Pacific Film Festival
M Jackson, UO Doctoral Student, Geography
Mark Johnson, UO Philip H. Knight Professor of Liberal Arts and Sciences

Anne Rose Kitagawa, UO Chief Curator of Collection of Asian Art, JSMA
Adriene Lim, UO Dean of Libraries, Knight Chair
Mick McCann, COCC, Geography
Brook Muller, UO Interim Dean and Associate Professor, Architecture and Allied Arts
Ken O’Connell, UO Professor Emeritus, Art
William Orr, UO Professor Emeritus Geological Sciences
Jeffrey Ostler, UO Professor, History
Carol Stabile, UO Professor, Women’s and Gender Studies
Michael Stern, UO Associate Professor, German and Scandinavian
David R. Tyler, UO Professor, Chemistry and Biochemistry
David Wacks, UO Professor, Spanish
Susan Walcott, UO Professor, Geography
Kristin Yarris, UO Assistant Professor, International Studies
Richard York, UO Professor, Sociology

Eugene-Springfield and Central Oregon Community Presenters
Robert Andrews, Central Oregon, MD
Scott Barkhurst, Eugene/Springfield, MD
Peter Bechtold, Portland, Chairman Emeritus, Near East North Africa Area Studies, Foreign Service Institute
Margaret Cee, Eugene/Springfield, Artist
Chip Coker, Eugene/Springfield, Executive Director of CDR
Christine Coleman, Eugene/Springfield
Dean Conger, Central Oregon, MD
Greg Congleton, Central Oregon, Sculptor
Jacque Corey, Eugene/Springfield, MD
Fred Crafts, Eugene/Springfield, Radio Redux
Julie Craig, Eugene/Springfield, retired Public School Teacher
Joe Cronin, Eugene/Springfield, Fools Haven Theatrical Ensemble
Jim Crowell, Central Oregon, author/playwright
Emily David, Eugene/Springfield, Library Manager, Springfield Public Library

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Learning Circle

Monthly Schedule

Monday
9:30 a.m. Creative Writing Critique: first and third weeks
9:30 a.m. Philosophy Salon: second and fourth weeks
11:30 a.m. Solutions: second and fourth weeks
12:15 p.m. Beginning Spanish: weekly
3:30 p.m. French Language: weekly

Tuesday
10:00 a.m. Understanding Science: first, third, and fifth weeks
3:00 p.m. Interpretive Play Reading: first and third weeks

Wednesday
9:30 a.m. International Relations: first and third weeks
10:00 a.m. Historical Novels and Nonfiction: second and fourth weeks

Thursday
9:30 a.m. Classics/Philosophy: first Thursday
9:30 a.m. News and Views: second and fourth weeks
9:30 a.m. Poetry Writing: third week
11:30 a.m. Thinking Allowed: first and third weeks
1:30 p.m. Short Story Discussions: first and third weeks
1:30 p.m. Music Appreciation: second and fourth weeks
3:15 p.m. Spanish Conversation: weekly

Friday
11:00 a.m. Intermediate Spanish: weekly, off site

Osher Lifelong Learning Institute at the University of Oregon
Active Minds for Active Lives
http://oshers.uoregon.edu

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Larry Deckman, Eugene/Springfield, Attorney, Inventor, Writer, Astronomer
Rob Everett, Eugene/Springfield, Director Springfield Public Library
David Fidanque, Eugene/Springfield, retired Executive Director ACLU of Oregon
Eileen Flory, Central Oregon, Crisis Intervention Team Coordinator, Bend PD
Kyle Gorman, Eugene/Springfield, Regional Manager for Oregon Department of Water Resources
Lucinda Gustavson, Eugene/Springfield, Youth and Teen Services Librarian, Springfield Public Library
Kathy Hahn, Eugene/Springfield, pharmacist
Richard Hanstad, Central Oregon, former OLLI member
Darren Hill, Central Oregon, Greenland Ice Sheet expedition, Technician
Joseph Hopkins, Eugene/Springfield, The Greener Side
Gen Hubert, Central Oregon, Deschutes River Conservancy
John Hummel, Central Oregon, Deschutes County DA

Diana Jacoby, Eugene/Springfield, Memory Care Director of Waterford Grand
Rich Koch, Central Oregon, Director Advanced Non-invasive Cardiovascular Imaging
Steve Lent, Central Oregon, Bowman Museum
Martha Lussenhop, Central Oregon, retired
Joel Marks, Eugene/Springfield, independent scholar
Keith McCann, Eugene/Springfield, The Compassion Center
Mike Pease, Eugene/Springfield, Architect
Sparky Roberts, Eugene/Springfield, Fools Haven Theatrical Ensemble
Carrie Schindel-Cupples, Eugene/Springfield, Associate Library Manager, Springfield Public Library
Michael Smith, Central Oregon, Neurologist
Patrick Tinsley, Central Oregon, Wildland Firefighter
Jim Walker, Eugene/Springfield, Physician, retired
Bob Welch, Eugene/Springfield, Author
Craig Willis, Eugene/Springfield, Oregon Contemporary Theater

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